Wednesday, April 16, 2014

metronews.ca | twitter.com/metroottawa | facebook.com/metroottawa

OTTAWA metro®

NEWS WORTH SHARING.

BIEBER FREE

LIVE 88·5fm

HANDS-ON KNOWLEDGE

IN DAY 2 OF A THREE-PART SERIES, WE TAKE A LOOK AT HOW THE CITY OF EDMONTON LICENSES BODY RUB PARLOURS AND EDUCATES THEIR WORKERS ON THEIR RIGHTS PAGES 10 & 11

Canada: A land of idles

metro AR

With sedentary behaviour at an all-time high in the country, it's time to make a run for it and get active PAGE 22

'So much sorrow' in Calgary

Cop's son charged with five counts of first-degree murder PAGE 12

LEAVE IT ON THE ICE?

Not nearly ... Some hockey parents are taking their negative feelings online and the results of their comments could be devastating to any teen who stumbles across it, says one expert. Story, page 6. ISTOCK

Nigel Wright will not face charges: RCMP

Investigation. Mounties continue to look into Senate expenses claimed by Duffy and Wallin

RCMP officials say Nigel Wright, former chief of staff to Prime Minister Stephen Harper, won't face criminal charges in connection with the ongoing Senate expenses scandal.

Wright resigned as Harper's right-hand man after it was disclosed he wrote a personal cheque for $90,000 to Mike Duffy to allow the disgraced former Conservative senator to repay disallowed housing expenses.

Investigators say evidence gathered "does not support criminal charges" against Wright.

"When the RCMP initiated the investigation, there were sufficient grounds to pursue the matter with regards to the offences of breach of trust, bribery, frauds on the government, as well as receiving prohibited compensation contrary to the Parliament of Canada Act," the Mounties said in a statement.

"Upon completion of the investigation, we have concluded that the evidence gathered does not support criminal charges against Mr. Wright."

In a statement, Wright sounded a note of vindication.

"My intention was to secure the repayment of taxpayer funds. I believed that my actions were always in the public interest and lawful," Wright said. "The outcome of the RCMP's detailed and thorough investigation has now upheld my position."

The news prompted a statement from the Prime Minister's Office. "We are pleased the RCMP has made progress in their work," it said. "The Prime Minister's Office will continue offering every possible assistance to the RCMP's investigation." THE CANADIAN PRESS

RBC Royal Bank

Knock ½% off your home equity credit line.

Speak with an RBC Royal Bank® mortgage specialist today. 1-866-864-0420 or visit rbc.com/boxer

Advice you can bank on®

Prime rate as of February 10, 2014 is 3.0% and is subject to change. Interest rate will change as our prime rate changes. This product is provided by Royal Bank of Canada and is subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada.

porter
flying refined

Clean up on base fares. Up to 50% off on Porter.

Let in the fresh air of spring clean - in another city. Book your Porter flight before midnight Thursday to save.

Flights from Ottawa. Book by April 17, 2014. Travel by July 30, 2014. Up to 21-day advance purchase may be required. One-way fares include all taxes, surcharges and mandatory fees. Additional charges may apply for checked baggage and other optional services.* Fares starting from:

HALIFAX 6 x daily	MONCTON Daily	ST. JOHN'S 2 x daily	TORONTO 18 x daily	QUÉBEC CITY	SAULT STE. MARIE	SUDBURY	THUNDER BAY	TIMMINS
$166	$159	$196	$115	$157	$184	$163	$184	$184

WINDSOR	BOSTON	CHICAGO	MYRTLE BEACH	NEW YORK	WASHINGTON Dulles
$161	$214	$214	$274	$214	$201

Book online or contact your travel agent.

flyporter.com

* Book by 11:59 pm Eastern Time April 17, 2014. Travel by July 30, 2014. Up to 21-day advance purchase may be required. Advertised fares may not be available May 16 - 19, 2014 and June 27 - July 1, 2014. Discount applies only to the regular base fare and does not apply to fees, taxes or surcharges. Advertised fares are subject to availability and may not be available through the entire travel period. Full fare breakdown available for all itineraries on flyporter.com. Fares quoted are one-way outbound in Firm Class. Inbound fares may differ. New bookings only. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as $150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to $200 per person per direction, plus any fare differential. Other significant conditions (including a $25 first-checked bag and $35 second-checked bag fee to and from the U.S., a $20 second-checked bag fee for flights in Canada, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

porter Escapes

Air and hotel packages from Ottawa

Sheraton Centre

TORONTO

★★★★

$350 + $123.66 taxes & fees

Traditional Room
Dept. June 12, 13, 14
Nights: 2

Includes air and hotel

Liaison Capitol HIll

Washington, D.C.

★★★★

$430 + $148.39 taxes & fees

Deluxe Room
Dept. June 20, 21
Nights: 2

Fly to and from Dulles. Includes air and hotel

Cambridge Suites

HALIFAX

★★★★

$320 + $144.77 taxes & fees

Studio
Dept. May 12, 13, June 17
Nights: 2

Includes breakfast daily, air and hotel.

Book packages online, contact your travel agent or call Porter Escapes at 1-855-372-1100. TTY – Dial "711".

porterescapes.com

All-in prices shown are per person in Canadian dollars, based on double occupancy in noted room category. Limited availability. Package prices are per person, based on double occupancy and include round-trip airfare, all taxes, surcharges and mandatory fees. For full package listings and availability, visit our website.Flights are round-trip via Porter Airlines. Packages include return airfare. hotel accommodation in noted room category. All applicable taxes, surcharges and mandatory fees are additional. Airfare discount is already included in the advertised package price. Prices will vary for alternate flight times on advertised dates. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Transfers to and from airport to hotel are not included unless specified otherwise. New bookings only. Packages are subject to availability at time of booking and are subject to change without notice. Not valid on group bookings. For full terms and conditions refer to www.porterescapes.com. Ontario registration Number 84153 4506. Porter Escapes Inc is a TICO licensed company. TICO # 50019770. Billy Bishop Toronto City Airport, Toronto, ON, Canada M5V 1A1.

tico.ca

Ottawa cops commended for saving teen from icy plunge

Cummings Bridge. 17-year-old girl jumped into Rideau River

JOE LOFARO
joe.lofaro@metronews.ca

Three Ottawa police officers are being credited for saving a 17-year-old girl's life after she plunged into the frigid waters of the Rideau River Monday night.

It was the quick thinking of Const. Colin Bowie that took the girl out of harm's way after negotiations with her since approximately 9 p.m. were unsuccessful. The girl had jumped from the Cummings Bridge and there was no time to get a rescue boat.

"With officers attempting to pinpoint the woman's bobbing head in the water, Const. Colin Bowie went to the St. Patrick Street Bridge, took his duty belt off and jumped into the water using the back seat of the cruiser as a floatation device," said Ottawa police in a media release Tuesday.

Bowie then got a hold of her. His colleagues, Const. Pat S. Lafrenière and Const. Kristina Correa, helped pull them to safety.

Paramedics sent the girl to hospital.

Ottawa Police Chief Charles Bordeleau acknowledged the officers' heroism on Twitter and commended them in a statement.

"Constable Bowie's selfless act makes us all proud," said Bordeleau in the news release. "His actions and those of all the officers and first responders on scene, like Constables Lafrenière and Correa, represent the best qualities of our Service and are commendable."

Ottawa police also intervened at another incident at the Corktown Footbridge in Centretown at around 10:30 p.m. In that case police managed to negotiate with the adult woman to get off the bridge.

Quick response

40

Emergency crews sent the woman to hospital 40 minutes after responding.

Const. Colin Bowie is seen outside the Ottawa courthouse in this file photo. MIKE CARROCCETTO/FOR METRO

Fewer people, longer stays at homeless shelters: Report

Ross Taylor said living on the street in Montreal and Ottawa tore apart his dignity. JOE LOFARO/METRO

The Ottawa-based Alliance to End Homelessness released its 10th report on Tuesday, with some disappointing results.

After 10 years, the proportion of Ottawa's population accessing the emergency shelter system is virtually unchanged, with 0.71 per cent of Ottawa's population accessing a shelter bed in 2013, compared to 0.73 per cent in 2004, said a backgrounder issued by ATEH with the report.

The silver lining is that the total number of people staying in a shelter at any given time last year dropped 7.6 per cent to 6,705 in 2013 from 7,253 in 2012.

The region scored an F for the average amount of time people spent in shelters. The average for 2013 was four days more than 2012. In fact, the number of days families spent in a shelter jumped 10 days to 98 days in 2013.

After spending years on the street, Ross Taylor had a turnaround by seeing a doctor and finding transition housing in 2008. He said his name had been on a waiting list for social housing since 2005 and only on Saturday moved into his own place in Centretown run by Ottawa Community Housing.

"It's terrible to be out there ... and then feel you don't even belong to society," said Taylor during the report press conference. JOE LOFARO/METRO

Debankify and have a little extra, extra.

President's Choice FINANCIAL

Save up to $200 yearly with a no fee bank account.

That's just good banking.

Savings comparison based on the fees for limited and unlimited transaction account packages and one order of cheques as offered by the major Canadian banks as of January 1, 2014.
®Loblaws Inc. Used under licence. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Gatineau crime dropping: Police

New challenges.
Cyber crimes on the rise: Chief

LUCY SCHOLEY
lucy.scholey@metronews.ca

Gatineau crime saw a "significant" decrease last year, but cybercrimes are "exploding" and pose new challenges for police, says Chief Mario Harel.

According to the annual police report released Tuesday, the number of reported crimes fell 14 per cent in 2013, from 2012.

"We made double and triple checks on the numbers because they were quite significant drops," said Harel, adding that the crimes have been steadily decreasing for the past several years, but usually at a rate of about three to seven per cent.

According to the report, crimes against people have dropped by 14 per cent (from 3,280 in 2012 to 2,824 in 2013) and property related crimes declined by 16 per cent (from 7,680 to 6,467). Road accidents in the city also dropped four per cent.

Harel credits the drop to a police "staffing plan" put in place in 2010. It entailed hiring civilians, criminologists and other experts to improve police efficiency.

But he also said the decrease is part of a greater national trend. However, Ottawa saw a 1.1 per cent increase in crimes in 2012, according to the capital's Crime, Police, and Traffic Statistics Report.

Despite the overall downward trends, cybercrimes are more prevalent. Email scams, identity thefts and online "sextortion" pose new challenges to police, said Harel.

Harel will host a live Twitter chat about the report on Wednesday between noon and 1 p.m. You can direct your questions to @PoliceGatineau.

Ottawa police will release its year in review later this spring and a crime statistics report in May.

Mario Harel, chief of the Gatineau police, addresses reporters on Tuesday. LUCY SCHOLEY/METRO

Spring melt and rain swamps farmer's fields

A day at the coast? Nope. This photo of farmer's fields was taken just east of Bourget Ontario on Russell Road, southeast of Ottawa where spring melt and rain has swamped fields and prompted the OPP to issue a warning to residents to be wary of fast moving water and to keep a watchful eye on children. CONTRIBUTED/JOHN HALE

Coach to stay

Sens not messing with the Walrus

Ottawa Senators head coach Paul MacLean will be back on the bench next season.

The team's owner Eugene Melnyk told reporters Tuesday his organization is sticking with MacLean heading into next season, despite the Senators finishing in 11th place in the Eastern Conference and missing the playoffs for the first time since 2011.

"Paul is our coach and he is going to be our coach going into next year, but we are evaluating everything within the hockey operations," Melnyk said during a morning teleconference Monday.

Melnyk said although a good team starts with the man calling the shots, he noted it wasn't just coaching the team lacked, but pretty much everything a good hockey club needs.

TREVOR GREENWAY/METRO

CARLING MOTORS
#1 FOR CUSTOMER SATISFACTION IN SALES AND SERVICE!
GET IT IN GEAR SALES EVENT
EXTENDED ONE WEEK!!
LEASE 2014 MAZDACX-5
$121 +HST BI-WEEKLY
60MTH 2.49%
WITH ONLY $2,795 DOWN OR TRADE
20,000 Km included.
Optional Buyback $8,536+HST
LEASE 2014 MAZDA6
$119 +HST BI-WEEKLY
60MTH 2.19%
WITH ONLY $2,649 DOWN OR TRADE
LEASE 2014 MAZDA3 GX
$89 +HST BI-WEEKLY
60MTH 3.99%
$0 DOWN
20,000 Km included. Optional Buyback $7,690+HST
2014 MAZDA6 Canadian car of the year award and Best car over 30K
2014 MAZDA3 Best of the Best Grand Prix
2014 MAZDA3 Best new small car under $21,000
2014 MAZDA3 SPORT Best new small car under $21,000
2014 MAZDA3 Top Safety Pick
NOBODY DEALS LIKE US
CAN'T BEAT CARLING
CRITICS' CHOICE THE BEST OF THE BEST. DON'T JUST TAKE OUR WORD FOR IT.
HOME OF THE BEST PRICE GUARANTEE!
HONOUR ROLL A+ ACCREDITED BUSINESS
1638 Carling Ave.
1-888-735-4347
carlingmazda.ca
CARLING MOTORS
mazda

buytopia.ca

INCREDIBLE DEALS!

Must go to Buytopia.ca to get these deals

PERFECT FOR MOTHER'S DAY

Pamper Yourself! $15 for $30* at The Body Shop

THE BODY SHOP®

★★★★ on Yelp.ca

First 200 customers get a free gift!*
(worth $10)

*Valid at the Newly Renovated Bayshore Shopping Centre Location Only - See **Buytopia** for Details*

*Ts&Cs apply, see Buytopia.ca for details

To get these deals go to www.buytopia.ca! **Must be purchased by Sunday, April 20th 2014**

$6 for $10 at Tim Hortons

(Limited Availability)

2 Tickets

~~$60~~

$30

Celebrating 250 years under Canada's largest & most beautiful big top

~~$25~~ **$13.50**

X-Large 3-Topping Pizza

& 4-Piece Garlic Breadsticks

OR $23 for a Party Pack including Pizza, Salad, Breadsticks, Drinks & Dipping Sauce

Spring iPad Giveaway

WIN AN **iPad!**

Plus additional prizes with our virtual **EGG HUNT!**

Ends April 30th

Core Pad PRO ★★★★★

Android Tablets

~~$249~~ **$79** & up

1hr In-Home Massage

Choice of Swedish, Relaxation, Deep Tissue & More!

OR $79 for 6 Massages

wemassage.ca

$29 ~~$200~~

These deals must be purchased by Sunday, April 20th at www.buytopia.ca 1.855.442.2220

Kids play hockey to have fun, but harsh criticisms from parents can turn kids off the sport. In one online forum some Ottawa parents have gone from nasty to downright vulgar. ISTOCK

Hockey parents bully young players on message board

Online forum.
Malicious posts from Ottawa parents

TREVOR GREENWAY
trevor.greenway@metronews.ca

"How can a fat, out of shape dad have a kid who is a real athlete? Not likely."

Hockey parents in Ontario have taken to an online forum to bully young players with nasty comments such as the one above, and back-and-forth banter harshly criticizing their skill.

Network54.com is a free message board website filled with everything from basketball and hockey tryouts to video game forums, but several threads posted by Ottawa hockey parents have gotten downright nasty. One post criticizes an elite-level teenage female AA hockey player, arguing she doesn't belong on a certain Ottawa hockey team.

"But Daddy and Mommy have pumped her head up so much that she can barely get a helmet on," the anonymous post read.

Another thread entitled "AA parents who think their kids is AAA" calls out another young player as getting a "free ride," on a AAA team.

"What you have is a loser kid who can't make a team on his own merit," one post read.

Others were so shocking, they were not fit to print.

Ontario Hockey Federation (OHF) executive director Phillip McKee has been aware of the site for years, but because it's anonymous and based out of California, there is nothing his organization can do.

"People who go on here anonymously aren't accountable for the words they say or the actions they say," said McKee, adding that the OHF has suspended parents and players in the past for making inappropriate remarks via Twitter or Facebook. "As adults, we are the leaders and role models for our children. This to us as an organization is unacceptable behaviour and if they said it face to face in the rink, they would be suspended."

Hockey parent and coach Sam Seymour has three children who play hockey — one who plays AAA in the Outaouais. He said there are similar sites in Quebec and the nasty banter is just as ugly on those sites.

"Concerning? Yes. Surprising? No," said Seymour.

"The interactions in the rinks are crazy enough that I don't know why we want something else to facilitate it."

Metro set up an account on the site and reached out to the parents, but nobody came forward.

The Ontario Minor Hockey Association is introducing a mandatory "Respect in Sport" program for hockey parents in the province for the 2014-15 season and although Seymour says awareness is never a bad thing, he's not so sure a one-hour online course will cure crazy hockey parents.

"Taking a course doesn't change a person's innate behaviour, but hopefully it makes them more aware and I think people are becoming more aware of where the lines are," he said.

Psychologist's analysis

Driving kids out of the sport?

An Ottawa developmental psychologist says an online hockey forum for parents that targets and criticizes young players could be the trigger that makes them leave the game for good.

Associate Professor of developmental psychology at Carleton University Anne Bowker said if young kids and teenagers come across the nasty banter that parents have been writing on Network54.com's Ontario hockey forums, it could magnify any self-confidence issues they have about themselves.

"A parent expressing those kinds of negative comments can have an impact on how a kid feels about himself and whether they continue to play that sport.

"Certainly 12-13 is the age when kids start checking out of sports, so that would potentially be a critical time where (a child could think) 'Oh, I am not very good and here is somebody reinforcing my sense that I am not very good, so why should I keep playing?'" said Bowker.

Bowker did a study on hockey parents five years ago, attending 70 games and writing down what parents were saying at the rinks. She found most parents are supportive and positive with a "small minority" of aggressive parents shouting from the bleachers.

She thinks, or at least hopes, the trolls on Network 54 are part of that small minority.

TREVOR GREENWAY/METRO

Last day to save.
Flights to select Canadian, U.S., Mexico and Caribbean destinations are on sale.*
Save your seat at westjet.com/seat-sale
*Some restrictions apply.
WESTJET

U DENTAL
Complimentary WHITENING KIT For New Patients*
Accepting New Patients
• Family Dentistry • Laser Dentistry • Invisalign Consults
• Digital x-rays • Implants • Cosmetic Dentistry
WALK-IN & EMERGENCIES
OPEN EVENINGS & WEEKENDS
1537 Merivale | 613.228.3000 | www.udental.ca | u@udental.ca
* $350 value. Call office for details.

Everything old is new again — toys are now art

But what is it? Local X-ray company is selling scans of Nintendos to hang on your wall

An X-ray image of an old Nintendo system and Duck Hunt gun. METRO

When one thinks of a classic, clunky Nintendo Entertainment System (NES) and Duck Hunt gun, "art" does not usually come to mind. But when scanned under an X-ray machine, the inner workings of the antiquated game console may very well be worth hanging above the fireplace.

BRS Innovations, a small Ottawa-based X-ray imaging company, is shedding a new artistic light on ordinary household objects — including the old-school means of playing Super Mario Bros.

Under the scans, metals mesmerizingly light up in the pins of a hockey skate or a digital SLR camera. The soft, glowing blobs of a pile of grapes and pineapple make for a more modern artwork than the stereotypical basket of fruit oil painting.

"You get to see a different part of it, a different aspect of it and have something really unique that you can share," said Matthew Smith, one of the three partners with BRS Innovations.

He said they came up with the idea when they started imaging "random equipment" as they calibrated and tested X-rays. The images garnered attention, so they decided to broaden their scope. They have started a Kickstarter campaign with the hopes of raising $8,000 for "hard costs" like printing the artwork and buying other items that people might be interested in seeing X-rayed.

LUCY SCHOLEY/METRO

C'est tres délicieux!

Pastry chef Stefani Scrivens prepares a platter of goat cheese tarts topped with tomato chutney and a slice of olive at the grand re-opening of Le Cordon Bleu Signatures restaurant in Ottawa on Tuesday. Head chef Yannick Anton was on hand whipping up a host of hors d'oeuvres and canapés to mark the event as guests sipped on their signature Champs-Élysées cocktails. JOE LOFARO/METRO

Gatineau

School van driver arrested for impaired driving

Gatineau police arrested a school van driver for drinking and driving on Monday.

A 47-year-old man was about to pull away from St. Paul Elementary School with kids on board his minivan, but witnesses suspected he had been drinking. They called police, took the children out of the vehicle, and made sure he stayed on scene.

The man did standard screening tests and was then taken to the police station. He failed the breathlyzer tests and was almost four times the legal limit.

He had previously been charged with impaired driving in 2009.

Stéphane Larose appeared in court and was formally charged on Tuesday.

LUCY SCHOLEY/METRO

Scott Street

Man, 25, faces multiple charges in bank robbery

Ottawa police say a 25-year-old man faces multiple charges in a bank robbery.

Police say a man went into a bank on Scott Street just after 4 p.m. Monday and handed staff a note demanding cash.

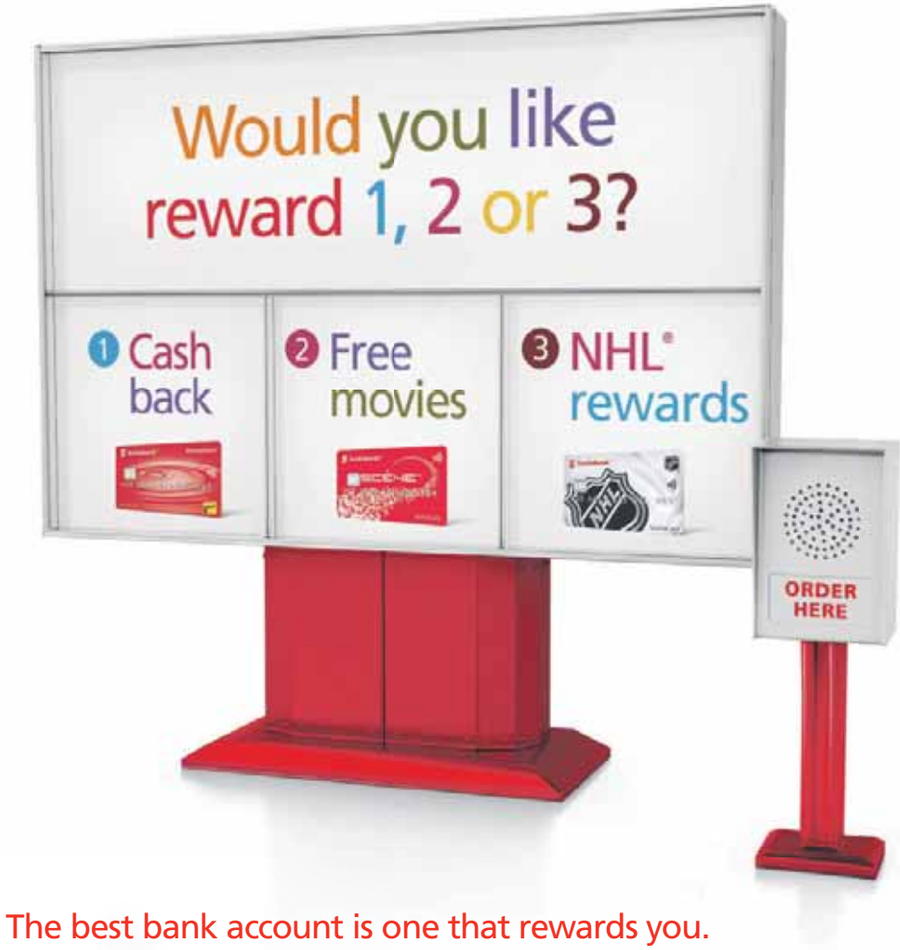
They say he ran off with an undisclosed amount of money.

No one was hurt and police say no weapon was seen.

But they say the suspect was carrying a knife when officers found him a short time later.

Chris Leahy of Merrickville is charged with robbery, wearing a disguise, possession of weapons dangerous to the public, carrying a concealed weapon and breach of probation.

THE CANADIAN PRESS



The best bank account is one that rewards you.

Switch to Scotiabank®* and we'll help you find the account that's right for you. You'll earn rewards on all your everyday purchases. Talk to a Scotiabank®* advisor today.

www.scotiabank.com/debitrewards

You're richer than you think.®*

Scotiabank®*

CASH BACK: You will earn a cash reward of 1% on the first $30,000 of qualified purchases, which excludes pre-authorized debits set-up on your Scotia Moneyback account, the Scotia Moneyback account fee, purchase returns and all other services or fees/transaction charges. Cash reward is credited each November for the previous 12 months of qualified purchases. For further details and restrictions visit www. scotiabank.com/moneyback. FREE MOVIES: Free movies at Cineplex Entertainment theatres with just 1,000 points. Some restrictions and limitations apply. SCENE points are awarded for debit purchase transactions from an eligible account using your SCENE *ScotiaCard* debit card. Earn 1 SCENE point for every $5 you spend on debit purchases. NHL REWARDS: ScotiaHockey®* NHL® debit cards available for all 30 NHL teams. The ScotiaHockey®* NHL® debit card is not available with foreign currency bank accounts and may not be connected to a SCENE† membership account. NHL and the NHL Shield are registered trademarks of the National Hockey League. All NHL logos and marks and NHL team logos and marks depicted herein are the property of the NHL and the respective teams and may not be reproduced without the prior written consent of NHL Enterprises, L.P. © NHL 2014. All Rights Reserved. ®* Registered trademarks of The Bank of Nova Scotia. Interac symbol, trademark of Interac Inc. Used under license.

RCMP.
Officer faces charges from 1982

A senior RCMP officer has been charged with sexual offences involving a 12-year-old girl more than three decades ago.

Saskatchewan RCMP said Insp. Ronald Makar faces one count of sexual intercourse with a female without her consent and one count of having sexual intercourse with a female under the age of 14.

The charges are based on the 1982 Criminal Code and would be equivalent to sexual assault today.

"For a serving police officer to be facing charges like these is extremely disturbing," Supt. Alfredo Bangloy said at a news conference Tuesday.

Makar has been a Mountie for 34 years. He was arrested Tuesday morning at the Wood Buffalo detachment in Fort McMurray, Alta., and has been suspended with pay.

Bangloy said a woman filed a statement last year alleging that she was assaulted in the summer of 1982 by a man and a woman "who were involved in a romantic relationship."

The woman, Constance Haduik, is charged with one count of indecent assault of a female person. She was arrested at her work in Kyle, Sask. Bangloy would not say how the three were connected.

The accused will appear in court on June 4 in Carlyle. RCMP said if convicted, Makar would face a Code of Conduct review that could result in his dismissal. THE CANADIAN PRESS

Citizens and dignitaries line up to mourn Jim Flaherty

'He's missed.' Flaherty's visitation Tuesday, which precedes a state funeral, drew over a thousand people

More than a thousand dignitaries and citizens lined up Tuesday to pay respects to Jim Flaherty, the former finance minister whose unexpected death last week shocked many across the country.

As Irish ditties played softly over speakers, mourners filed into a low-lit room, where Flaherty's casket lay between two Mounties in ceremonial dress, his widow and triplet sons on one side.

John Ascott was among those arriving early to sign a book of condolences downstairs.

"He made a great sacrifice for this country and I was deeply saddened by his passing and shocked," Ascott said.

"It was the least I could do to come out here and pay my condolences to his family and honour his service to Canada."

First to greet Christine Elliott as she stood near the Maple Leaf-covered casket of her late husband was Ontario Lt.-Gov. David Onley.

Former Bank of Canada governor Mark Carney, who now runs the Bank of England, was also among early VIP visitors as strains of My Bonnie Lies Over the Ocean seeped across the room.

Prime Minister Stephen Harper arrived in the late afternoon for a private viewing, as hundreds more people lined up for a second visitation.

Harper, who has expressed personal sorrow at Flaherty's death, used a back entrance and did not speak to the media.

It took several hours for all of those who wanted to pay their respects, well over one thousand of them, to do so.

Flaherty, 64, died last Thursday of a suspected heart attack, less than a month after resigning from his long-running finance post in cabinet.

The visitation, which preceded a state funeral at St. James Cathedral in downtown Toronto on Wednesday, was held in Flaherty's Whitby riding at the Abilities Centre that also caters to the disabled.

The former federal and provincial finance minister and Elliott, a Progressive Conservative member of the Ontario legislature, were strong supporters of the centre.

In Flaherty's honour, the country's five largest banks pledged a combined $1 million to the facility.

"In addition to his tremendous contributions to Canada's economic well-being, Flaherty was a tireless champion of people living with disabilities," they said in a statement.

"He showed his support through several decisions as finance minister, gave his time to associated causes, and encouraged a more inclusive society through his actions and his words."

Dismay over the death of the diminutive politician, known for his fierce partisanship as well as his impish humour, cut across partisan lines amid debate about his legacy as finance minister.

Toronto Mayor Rob Ford, a Flaherty family friend, was among those attending the visitation.

Harper, New Democrat Leader Tom Mulcair and Liberal Leader Justin Trudeau were expected to attend Wednesday's state funeral — the first such honour since one for former NDP leader Jack Layton in 2011.

Flags have been flying at half-mast on Parliament Hill since Flaherty's death and Canadians have been signing an online book of condolences. "He's missed," mourner Mario Cicci said simply.

THE CANADIAN PRESS

Ontario MPP Christine Elliott looks over at the casket of her husband, the late former finance minister Jim Flaherty, during visitation in Whitby, Ont. on Tuesday. FRANK GUNN/THE CANADIAN PRESS

Statement

"He showed his support through several decisions as finance minister, gave his time to associated causes and encouraged a more inclusive society through his actions and his words."

Canada's five largest banks in a joint statement pledging $1 million to Whitby's Abilities Centre that also caters to the disabled

Liberals

Trudeau facing $1.5M libel suit

Justin Trudeau and his Ontario campaign co-chair, David MacNaughton, are facing a $1.5 million libel suit from would-be candidate Christine Innes.

In a statement of claim, lawyers for Innes say Trudeau and MacNaughton slandered her by claiming she'd been barred from running for the Liberal Party because of bullying and intimidation tactics.

They said the allegations were an attempt to hide the real reason Innes was barred: Her refusal to promise she wouldn't run against MP Chrystia Freeland.

The party's national director Jeremy Broadhurst said Innes' claim "is without merit." THE CANADIAN PRESS

Nova Scotia

Making their own beer and wine

People in Nova Scotia would be allowed to make their own wine and beer in so-called u-vint and u-brew stores under provincial legislation introduced Tuesday. Finance Minister Diana Whalen, who is responsible for the Liquor Control Act, said the amendments would allow licensing for fermentation on store premises.

"We know this is a service that Nova Scotians want," said Whalen.

She said regulations to govern health and safety, as well as licensing fees and penalties are being drafted.

Ross Harrington, who owns Wine Kitz, said he was satisfied his business would be moved out of a "grey area." THE CANADIAN PRESS

U.S.-Russia in space

Canada focusing on own duties

The head of the Canadian Space Agency, Walt Natynczyk, says sanctions taken against Russia for its invasion of Crimea are not affecting operations on the International Space Station.

NASA is continuing co-operation related to the space station, but has severed its ties with Russia and forbidden its employees from travelling there.

Natynczyk says Canada continues to work with all its partners in the space station, which include the United States, Russia, Europe and Japan.

"We're just going to focus on continued success with the responsibilities that Canada has," he said.

THE CANADIAN PRESS

Military takes action in east Ukraine

Eastern uprising. First clash since president's 'anti-terrorist operation' announced

In the first Ukrainian military action against a pro-Russian uprising in the east, government forces said they clashed Tuesday with about 30 armed gunmen at a small airport.

The clash came hours after Ukraine's acting president, Oleksandr Turchynov, had announced an "anti-terrorist operation" against the armed, pro-Russian insurgents who had seized control of numerous buildings in at least nine cities in Ukraine's restive east.

The central government has so far been unable to rein in the insurgents, who it says are being stirred up by paid operatives from Russia. The insurgents are demanding broader autonomy and closer ties with Russia.

The clashes Tuesday came at Kramatorsk airport, just south of the city of Slovyansk, which is 160 kilometres from the Russian border. The city has come under the increasing control of the gunmen who seized it last weekend.

There were conflicting reports of casualties. Russian media, without sourcing, claimed anywhere from four to 11 casualties at the airport. The Ukrainian government said there were no casualties. THE ASSOCIATED PRESS

Pro-Russian activists make barricades in front of the gate of an airport in Kramatorsk, eastern Ukraine, Tuesday. SERGEI GRITS/THE ASSOCIATED PRESS

Berlusconi. Former Italian PM sentenced to community service

Former Italian prime minister Silvio Berlusconi was ordered Tuesday to spend four hours a week helping the elderly to repay society for his tax fraud conviction, a sentence that imposes few restrictions on his campaigning in the upcoming European elections.

The 77-year-old three-time former prime minister cannot run in the elections due to the conviction, but he remains influential in politics as head of the Forza Italia party. His support is also crucial for a constitutional reform to abolish the Senate sought by Prime Minister Matteo Renzi. The two men met on the eve of the court's decision in Renzi's offices, according to Italian media reports.

Berlusconi's four-year sentence for tax fraud was confirmed by Italy's highest court last summer, the first ever against the media mogul in dozens of prosecutions, and reduced to one year under a general amnesty aimed at easing overcrowding in Italian prisons. Due to Berlusconi's age and the relatively short sentence, prison time was never likely. He was, however, booted from the Senate and given a two-year ban on running for elected office. THE ASSOCIATED PRESS

Silvio Berlusconi ALESSANDRA TARANTINO/THE ASSOCIATED PRESS FILE

LGBT equality

India recognizes transgender rights

Tuesday issued a landmark verdict recognizing transgender rights as human rights, saying people can identify themselves as a third gender on official documents.

The Supreme Court directed the federal and state governments to include transgender people in all welfare programs for the poor including education, health care and jobs to help them overcome social and economic challenges. Previously, transgender Indians could only identify themselves as male or female in all official documents.

There are an estimated three million transgender people in India. THE ASSOCIATED PRESS

Flight 370

Sub aborts first search mission

A robotic submarine hunting for the missing Malaysian jet aborted its first mission after only six hours, surfacing with no new clues when it exceeded its maximum depth along the floor of the Indian Ocean, officials said Tuesday.

Search crews sent the U.S. navy's Bluefin 21 into the depths Monday to begin scouring the seabed for the missing plane after failing for six days to detect any new signals believed to be coming from its black boxes.

The data collected by the sub was later analyzed and no sign of the missing plane was found, the U.S. navy said. THE ASSOCIATED PRESS

JUBILEE
FINE JEWELLERS
Since 1952
Jubilee Fine Jewellers is having a Massive Sale Event.
One store will close... a NEW store will open and two stores will be renovated. Because of this, we must consolidate and
dispose of Millions worth of fine jewellery.
Closing Moving & Renovating
SALE
HUGE selection has been marked down to as low as
59¢
on the dollar of the ticketed price
* Sale applies to in-stock items ONLY. Some items and brands may be excluded.
Lines, such as Rolex™, Pandora™ Micheal Kors™ and Verragio™ cannot be discounted – see in store for details.
Inventory may be augmented for better selection. Shop early for best selection.
JUBILEE
FINE JEWELLERS
Since 1952
www.jubilee.ca
Bayshore Shopping Centre
100 Bayshore Drive, Nepean
(613) 596-3070
Mon. – Sat. 9 AM-9 PM
Sun. 10 AM-6 PM
Rideau Centre
50 Rideau Street, Ottawa
(613) 238-1886
Mon. – Fri. 9:30 AM-9 PM
Sat. 9:30 AM-6 PM
Sun. 11AM-5 PM
St. Laurent Centre
1200 St. Laurent Blvd, Ottawa
(613) 747-1797
Mon. – Sat. 9:30 AM-9 PM
Sun. 11 AM-5 PM

Last December, the Supreme Court of Canada ruled unanimously that the country's prostitution laws are unconstitutional. The federal government was given a year to decide next steps. In the meantime, "red lights" across the country are operating in a grey zone, as sex workers, local governments and the public wait to see what will happen.

Sex ed: City-run class all about knowledge

For Day 2 of our three-part series, Metro Canada takes a look at how Edmonton has been actively regulating 42 massage parlours in its jurisdiction, with rules about their location, hours of operation and even requiring those who work there to complete a city-run class. We also find out what a massage therapist thinks about establishments that offer rubs, tugs and sometimes more

RYAN TUMILTY
Metro in Edmonton

Every two weeks, another 10 to 15 women join Edmonton's sex trade.

In a city-run information course, they take the last step towards being licensed to work in one of Edmonton's body rub parlours.

After a criminal record check is complete they take part in the three-hour class and become licensed to work in one of the parlours. Sarah Croll, a municipal enforcement officer, is part of the group that oversees these classes that she says give out fundamental information sex workers need.

"Knowledge is really important for those who have either never worked in the industry before or workers who just were never told," she said.

In addition to tutorials on bylaws and provincial employment standards, class attendees can also get tips on declaring income and taxes.

Kate Quinn, from Edmonton's Centre to End All Sexual Exploitation, says the class is a way of making sure the women entering the parlours know their rights.

"We are able to inform them about what they are getting into, so kind of eyes wide open, these are the realities and here are some facts," she said.

Quinn said women entering the sex trade often don't understand that they have rights.

"You have the right not to be sexually assaulted and this is what sexual assault looks like," she tells the women in the class. "You have rights if you become a victim of crime."

Croll regularly visits the city's licensed parlours to introduce herself to women in the industry, hopeful that this familiarity will make it easier for individuals to come to her and other enforcement officers for help later, if necessary.

"It's a really good chance for us to build a relationship before we actually venture out into the studios," she said.

Enforcing the law

All Body Rub Centres in the City of Edmonton must adhere to the following regulations as specified in the Business Licence Bylaw 13138:
Edmonton
For emergencies, call 911

Garry Dziwenka, Edmonton's director of licensing, holds up the poster that must be visible in the city's body rub parlours. The posters have information for sex-trade workers on resources they can turn to, along with rules on how parlours must be run. RYAN TUMILTY/METRO IN EDMONTON

Working to prevent exploitation

In 2009, Edmonton police laid the first human trafficking charges in the city's history after three women were discovered working under extreme conditions at a local body rub parlour.

Located on the north end of the city, Sachi Professional Massage and Spa was raided by police, who called the conditions of the victims "modern-day slavery."

Ranging in age from 21 to 41, the three women worked and slept in the same room in the parlour, which was open 24 hours a day, seven days a week. City regulations have since changed, limiting the hours of operation at body rub parlours to 7 a.m. to 11 p.m.

According to police, the women came to Canada legally from Beijing and Fiji after answering a newspaper ad for a job in the massage industry.

While three people were charged in connection to the case, ACT Alberta, an advocacy group that works with police and other local stakeholders to address human trafficking in the province, reported all charges were dropped because victims refused to testify.

LEAH GERMAIN/METRO IN EDMONTON

Under the law. 'It's just another licence'

Despite the recent Supreme Court of Canada decision, selling sex is still illegal in Canada. Yet in some of Edmonton's massage parlours, it's happening every day.

The city runs classes for body rub workers, regulates where businesses can be located and their hours of operation.

"The topic may generate people's strong opinions, but it's just another licence that we issue," said Garry Dziwenka, Edmonton's director of licensing.

He says the city's bylaws aim to keep workers safe above all else.

"The City of Edmonton has put in a progressive legislative model that focuses on the safety of the workers and the safety of the neighbourhoods."

The regulations call for criminal record checks and require at least two people to be working at each establishment at any given time. Parlours also must be at least 100 metres away from schools and daycare centres.

Municipal enforcement officer Sarah Croll, along with an Edmonton police officer, visit each licensed parlour at least once a month.

"We will go out to every single one of them and we will spend time checking the licences, making sure that everyone who is there is licensed to be there," she said.

"It's a very transient type of industry so we want to make sure that our list matches their list and we know where people are working should we need to get a hold of them," she said.

RYAN TUMILTY/METRO IN EDMONTON

Legit massage therapists rubbed the wrong way

Separating legitimate from intimate. Illicit body rub biz puts sexual pressure on some masseuses with above-board practices

The massage therapists association of Alberta says having sex-fuelled parlours can create workplace dangers for legitimate masseuses. ISTOCK IMAGE

Legitimate massage therapists say they are tired of people assuming their work comes with the same "happy ending" that body rub parlours offer.

Chandra Kastern, the assistant executive director of the massage therapists association of Alberta, said her industry faces demands for sexual services that no other health professional faces.

"You don't go to a chiropractor and expect that or any number of other professions that involve an individual relationship," she said.

She said massage therapists get customers who expect sex to be part of legitimate massage. It creates concerns and safety risks.

"We work in isolation so a lot of times you have an individual practitioner either in a business or a home, working on their own," she said.

She said the industry also has to deal with the stigma created by the blurred line.

"When people hear 'massage parlour,' they immediately think of the less-than-above-board practice, and that stigma is what continues to drive members of the public who are looking for those adult entertainment services into our businesses."

During the 2011 federal election campaign, it was reported that then-NDP leader Jack Layton was found in a Toronto massage parlour during a police raid 15 years earlier. The worker in the parlour was a registered massage therapist, and the event prompted an open letter from massage therapists across the country.

"The insinuation that a massage therapist is anything but a health professional does nothing to validate or improve the image of the profession in the public psyche," read the letter.

Kastern said the best solution to this problem would be for massage therapists to be regulated in all provinces, as they currently are in New Brunswick, Newfoundland, Ontario and British Columbia. She said registration would allow them to better draw a line.

Kastern said that if massage therapists were regulated they would be able to stop people who aren't trained from calling themselves therapists and find other ways to create clearer lines between the two industries.

RYAN TUMILTY/METRO IN EDMONTON

Up next in the series

Tomorrow

We talk to one man who visits Edmonton's massage parlours and why he thinks it's cheaper than dating. We also speak to those who live nearby.

• **Online:** If you missed the first day of our series, visit metronews.ca/features/massage-parlours to read our interview with Elizabeth, a massage parlour worker who goes by the name Roxy when she is on the job, and our interview with a body-rub parlour owner.

Have your say

Curious what regulations exist in your city when it comes to body rub parlours? Visit metronews.ca/features/massage-parlours for an interactive map with highlights of your local bylaw.

- Parlours can be found across Canada, maybe even close to your home. Follow us @metropicks and give us your thoughts on these businesses, their workers and those who visit them.
With the government looking at prostitution laws, now is your time to be heard.

Scan the photo below with your Metro News app to watch Calgary Police Chief Rick Hanson speak on the stabbing.

‘Worst mass murder in Calgary’s history’

Celebration turns into tragedy. Cop’s son charged as city reels from house party stabbing spree that left five people dead

The son of a senior Calgary police officer has been charged with five counts of first-degree murder in connection with the stabbing deaths of five young people, believed to have been celebrating the end of the University of Calgary’s winter semester.

“This is the worst mass murder in Calgary’s history,” Calgary Police Chief Rick Hanson told reporters on Tuesday.

The suspect, 22-year-old Matthew Douglas de Grood, is the son of a 33-year member of the Calgary Police Service, confirmed as Insp. Doug de Grood. Hanson told reporters he spoke with the suspect’s father, who said he and his wife are heartbroken.

“They are now feeling so much sorrow … Those young people are dead and they are absolutely devastated.”

Police officers were first called to a house party in the city about 1:20 a.m. Three people were found dead at the scene, while two more died in hospital.

Hanson said the victims included a 22-year-old man, a 23-year-old woman, two 23-year-old men and a 27-year-old man. An EMS spokesperson said at least one other partygoer was injured, but was taken to hospital in stable condition.

“Every Calgarian is shaken to the core by what has happened here,” Calgary Mayor Nenshi said. “Our thoughts and prayers are with the young people we lost today, and with their families and friends and certainly the university community.”

Two of the dead have been identified by friends as Zackariah Rathwell and Josh Hunter, both members of a band called Zackariah & The Prophets.

Rathwell and Hunter, were both friendly and talented guys, said Jesse Northey, who helped produce the band’s first album.

“It’s a shame and it breaks my heart,” he said.

A Facebook page under the name Matt de Grood said he completed a psychology degree from the University of Calgary last year and had been accepted into the school’s law program for the fall.

The last posting was Monday night: “Dread and the fugitive — the world needs a hero,” a reference to a song and album from the thrash-metal band Megadeath.

JEREMY NOLAIS, ROBSON FLETCHER & BRYAN WEISMILLER/METRO IN CALGARY, WITH FILES FROM THE CANADIAN PRESS

Calgary police talk to potential witnesses regarding the multiple fatal stabbings in Calgary on Tuesday.
LARRY MACDOUGAL/THE CANADIAN PRESS

In shock

“This is not something that happens here.”
Calgary Mayor Naheed Nenshi

Libel suit. Premier seeking $2 million from Tories over comments by Hudak

Ontario Premier Kathleen Wynne took the next step Tuesday in her libel suit against the province’s Opposition leader, filing a statement of claim seeking $2 million in damages.

The libel suit stems from Progressive Conservative Leader Tim Hudak’s comments late last month suggesting that Wynne “oversaw and possibly ordered the criminal destruction of documents” and that criminal conduct took place in her office.

Police are investigating the deletion of emails related to the Liberals’ decisions to cancel gas plants prior to the 2011 election.

“These allegations and accusations are false and utterly unsupported, and you ought to know it,” Wynne wrote in an open letter to Hudak on March 30, threatening legal action if he didn’t apologize and retract the comments.

The statement of claim asks for $1 million for “general damages for defamation,” $500,000 for “aggravated damages,” $500,000 for “punitive damages plus costs.”

Wynne’s spokeswoman said Tuesday that the statement was delivered to Hudak, PC energy critic Lisa MacLeod and the PC Ontario Fund.

The Conservatives accused Wynne of using “libel chill” to try and silence the official opposition. THE CANADIAN PRESS

Quoted

“The government should never resort to the courtroom to silence its critics.”
Tory energy critic Lisa MacLeod, who said Wynne’s libel suit ‘looks malicious’

Saskatchewan. Right-wing activists arrested handing out literature at university

A pair of controversial political activists — one an American who opposes gay rights, the other a Canadian who opposes abortion — have been arrested at the University of Regina.

Police approached Peter LaBarbera and Bill Whatcott as they were handing out pamphlets on campus Monday, telling them to leave or be arrested.

After some discussion, the pair refused to move and officers took them into custody. Both were charged with trespassing, but the charges were later changed to mischief.

LaBarbera is the head of an American lobby group that has been labelled a hate group by the Southern Poverty Law Center, while Whatcott has a history of legal troubles in Saskatchewan.

Both were in Weyburn, Sask., over the weekend to speak at an anti-abortion conference.

They have been released with an order to appear in court on May 26.

THE CANADIAN PRESS/CJME

Last day to save.
Vacation packages to a variety of destinations are on sale.*
Book today at westjetvacations.com/seat-sale or call your travel agent.
*Some restrictions apply.
WESTJET vacations

San Francisco to legalize it... Airbnb that is

Short-term rentals. Whether legal or not, residents are renting out their homes, so now the City by the Bay aims to impose some rules

Legislation set to be unveiled in San Francisco would make it legal for city residents to rent out their homes on sites such as Airbnb, but only if they have liability insurance and meet other requirements, a newspaper reported.

Supervisor David Chiu was expected to unveil the legislation on Tuesday, according to the San Francisco Chronicle. Short-term rentals are currently banned in San Francisco.

On its website, Airbnb warns hosts to be aware of the laws in their city, noting that some restrict people's ability to host paying guests for short periods. Chiu's bill would lift the ban in San Francisco, but also impose regulations. It was applauded by some tenants' groups. Advocates for property owners, however, said it would not address their concern that short-term renters could pose a safety and health risk to other tenants.

THE ASSOCIATED PRESS

New York, New York

Officials in other parts of the U.S., including New York City, have raised concerns about short-term rentals as well.

- New York's attorney general has demanded that Airbnb turn over data about N.Y.C. residents who have listed on the site as part of an investigation into whether they are breaking a state law barring sublets for fewer than 30 days if occupants are not present.

Airbnb's Hello LA event last fall in Los Angeles. San Francisco is reportedly going to legalize short-term rentals like Airbnb. CHRIS WEEKS/GETTY IMAGES

Samsung's latest smartphone blooms

People watch an advertisement for Samsung's Galaxy S5 smartphone in Seoul on Tuesday. Samsung Electronics Co. released its latest Galaxy S5 smartphone and wearables in 125 countries around the world last week. AHN YOUNG-JOON/THE ASSOCIATED PRESS

Fizzling. Coca-Cola posts lowest pop sales since 1999

Coca-Cola, the world's biggest beverage maker, said Tuesday that the amount of soda it sold globally fell for first time in 15 years.

The drop in the first quarter was offset by stronger sales of its noncarbonated drinks that include Minute Maid, Powerade and Dasani bottled water. Overall volume rose 2 per cent, an improvement from the 1 per cent increase the previous quarter.

But the 1 per cent decline in global soda volume is notable for Coca-Cola: The last time the figure fell was in 1999, according to the company.

Gary Fayard, the company's outgoing chief financial officer, attributed the drop partly to the timing of Easter, which falls in the second quarter this year instead of the first.

Coca-Cola's pop sales have gone flat. WILFREDO LEE/THE ASSOCIATED PRESS

"It's not as concerning to us as it would look at first pass," he said in a phone interview.

He also cited a double-digit soda decline in Great Britain, where the company stood by its pricing despite switching to smaller bottles.

THE ASSOCIATED PRESS

Big Brother. RCMP got CRA to delay Heartbleed news

Police say they asked the Canada Revenue Agency to hold off on telling Canadians that 900 social insurance numbers had been compromised by the Heartbleed security bug.

The RCMP were notified of the security breach on Friday, but asked the agency to hold off making an immediate announcement about the data loss so they could pursue investigative leads.

Word of the Heartbleed security vulnerability prompted the agency to shut down its publicly accessible websites last week.

A number of other federal departments followed suit.

The government says it has solved the problem and the sites rewopened over the weekend.

But the revenue agency did not disclose the loss of data until Monday.

"The RCMP asked CRA to delay advising the public of the breach until Monday morning," the Mounties said in a news release.

THE CANADIAN PRESS

Minimize your risk

The Canadian Anti-Fraud Centre says those who want to minimize their risks should review their credit report at least once a year, and stay on top of their bills, by checking that all their charges are correct.

Bubble hasn't burst

Average home price soars to $401,419: CREA

The Canadian Real Estate Association says the number of homes sold last month was up 4.9 per cent compared with the same month last year, but remained below the 10-year average.

The national average price for homes sold in March through CREA members was $401,419, up six per cent from March 2013.

THE CANADIAN PRESS

Waterloo-based co.

BlackBerry branches out into health-care sector

BlackBerry is reaching into the health-care sector with the purchase of a minority stake in U.S.-based technology company NantHealth.

The Waterloo-based smartphone company said the partnership will collaborate on various projects that include a new BlackBerry device designed for the medical industry. THE CANADIAN PRESS

Market Minute

DOLLAR
91.10¢ (-0.20¢)

TSX
14,303.92 (+ 19.49)

OIL
$103.75 US (-$0.30)

GOLD
$1,300.30 US (-$27.20)

Natural gas: $4.57 US (-$0.01)
Dow Jones: 16,262.56 (+ 89.32)

Japanese Government (MEXT) Scholarship Program
STUDY IN JAPAN
Pursue Undergraduate and Graduate Studies in Japan. Apply now!
Scholarship Covers:
• Full Tuition
• Monthly Allowance
• Round-trip flight between Japan and Canada
Application Deadlines:
Graduate May 16, 2014
Undergraduate May 30, 2014
Contact Embassy of Japan to apply:
613-241-8541 / infocul@ot.mofa.go.jp

HALLELUJAH STILL STRIKES A CHORD

JUST SAYIN'

Paul Sullivan
metronews.ca

What is it about Hallelujah?

I'm not talking about Handel's Christmas chorus, but the wonderful (if mournful) Leonard Cohen song that has been covered more times than the national anthem.

There are more than 300 known covers, and now there's one more thanks to a surprise wedding version performed earlier this month by an Irish priest that has generated more than 26 million YouTube views.

The Pope would like those numbers. In his dreams.

Father Ray Kelly has a melodious voice and his performance, standing at the altar, is quite straightforward and lovely, mercifully free of devotional histrionics. At the end of it, he gets a standing ovation from the parishioners.

Ironically, the original is anything but holy, unless you mean Holy Cow!

Verse 2:

"Your faith was strong but you needed proof/You saw her bathing on the roof/Her beauty in the moonlight overthrew ya.

"She tied you to a kitchen chair/She broke your throne/And she cut your hair/And from your lips she drew the Hallelujah."

And that's just the part we can repeat in a family newspaper.

Obviously, Father Kelly's lyrics are more matrimonial, but his voice still captures the rapture of the magnificent chorus that the now-deceased singer Jeff Buckley first nailed in the first cover version all the way back in 1994. The original, recorded way back in Cohen's wry, dry monotone, inspired no one but connoisseurs of clever lyrics, but since Buckley's cover, it's gone on to sell more than a million digital copies, has been ranked number 259 on Rolling Stone's 500 Greatest Songs of All Time, and a British poll of 50 songwriters listed it among the top 10 tracks of all time. John Legend, no stranger to soulful music, calls the Buckley version "one of the most beautiful pieces of recorded music I've ever heard."

What is it about this song? Is it that "secret chord/That David played and it pleased the Lord?" Or is it the fact that Cohen rewrote the song 80 times, at times banging his head against the floor. It got to him, too.

It got to Bob Dylan, Neil Diamond and k.d. lang. It got to various American Idol, X Factor and The Voice contestants, and it got to the music producers of half the soundtracks of half the shows on TV.

It got to the Maccabeats of Yeshiva University. And it got to Father Ray Kelly at a wedding in Ireland.

In a way, it's the Hallelujah Chorus of our time: bitter, mournful, ironic, haunting … and redeeming.

The last verse sends chills down my spine:

"I did my best/It wasn't much/I couldn't feel so I tried to touch

"I've told the truth/I didn't come to fool ya

"And even though it all went wrong/I'll stand before the Lord of Song

"With nothing on my tongue but Hallelujah.

Hallelujah."

ZOOM

Sun, moon, Earth align

SCOTT BARBOUR/GETTY IMAGES

Skywatchers catch rare 'blood moon'

Sky-gazers in North and South America, Australia and New Zealand were treated to a full lunar eclipse — at least those fortunate enough to have clear skies.

The moon was eclipsed by the Earth's shadow early Tuesday, beginning around 1 a.m. EDT for 5 1/2 hours. The total phase of the eclipse lasted just 78 minutes.

For some, the moon appeared red-orange because of all the sunsets and sunrises shimmering from Earth, thus the name "blood moon."

THE ASSOCIATED PRESS

From bottom left to top left: The moon's transition during a total lunar eclipse. JOE RAEDLE/GETTY IMAGES

Did you miss it? Next total eclipse is Oct. 8

- It's the first of four eclipses this year and the first of four total lunar eclipses this year and next. The latter is a rare lineup; the next so-called tetrad of total lunar eclipses won't occur until 2032-33. In the meantime, get ready for a solar eclipse in two weeks.

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...

DOWNLOAD METRO NEWS APP

FILL SCREEN WITH IMAGE TO SCAN

METRO AR IMAGE JUMPS TO LIFE

metro AR

In this issue, you can find AR enhancements on page 12 in News, page 15 in Scene, page 18 in Life, page 22 in Work/Education, page 24 in Sports, and page 27 in Drive.

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

Jenga game is larger than life

ANDREW FIFIELD
metronews.ca

I once had the dimly recalled experience of playing a drinking game version of Jenga where each block assigned you a stupid human trick to perform. Eventually, the novelty wore off and it gradually devolved into a game of classic Jenga, only louder. Years later, the realization strikes about how that game could have been improved. Heavy machinery! Not combined with the alcohol of course, but as this Caterpillar stunt proves, serious training can make even Earth-shaking technology a party game championship contender.

CAT PRODUCTS SCREEN GRAB

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Ottawa** Sean McKibbon • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Ian Clark • **Distribution Manager** Bernie Horton • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO OTTAWA** • 130 Slater St., Suite 100 Ottawa, ON K1P 6E2 • **Telephone:** 613-236-5058 • **Fax:** 866-253-2024 • **Toll free:** 1-888-916-3876 • **Advertising:** 613-236-5058 • adinfoottawa@metronews.ca • **Distribution:** joel.orlik@metronews.ca • News tips: ottawa@metronews.ca • **Letters to the Editor:** ottawaletters@metronews.ca

See that symbol? It means you can scan the photo below with your Metro News app to see a Haunted House 2 trailer

Coming back to haha-haunt you

Killing 'em with laughter. Hollywood hasn't always cared for a shot of humour with its horror

IN FOCUS
Richard Crouse
scene@metronews.ca

Cedric the Entertainer, left, and Marlon Wayans in A Haunted House 2. CONTRIBUTED

If the Paranormal Activity movies curdle your blood and The Conjuring kept you up at night, perhaps A Haunted House 2 will be more your style. A humorous hybrid of horror hits, it stars Marlon Wayans and Jaime Pressly in a sequel to the popular (but critically lambasted) 2013 comedy.

According to IMDB, in the new film Wayans has "exorcised the demons of his ex" and is trying to start his life anew with his girlfriend. Unfortunately his new house turns out to be haunted and, even worse, his back-from-the-dead ex has moved in across the street.

It's all played for laughs — and will likely not give audiences nightmares — but it would be interesting to know how the makers of movies like Sinister, The Possession, and Insidious feel about having their movies made fun of.

Some filmmakers are flattered.

Night of the Living Dead icon George A. Romero enjoyed the zombie takeoff Shaun of the Dead so much he asked star Simon Pegg and director Edgar Wright to appear in Land of the Dead. The duo can be seen chained up in a 12-second cameo under a sign that reads Take Your Picture with a Zombie during the film's carnival sequence.

But not everyone gets the joke.

Years ago Boris Karloff made it known he wasn't very happy about a horror comedy. He was approached to play the monster in Abbott and Costello Meet Frankenstein, but declined because he felt the duo's brand of slapstick would be an insult to horror movies. Nonetheless he did some promo for the film — there are publicity pictures of him buying tickets at the box office — and later appeared in Abbott and Costello Meet the Killer, Boris Karloff and Abbott and Costello Meet Dr. Jekyll and Mr. Hyde.

Another horror legend said yes to Meet Frankenstein but no to the comedy. The movie was the only other time Bela Lugosi played Dracula on the big screen and he played it straight.

"There is no burlesque for me," he said. "All I have to do is frighten the boys, a perfectly appropriate activity. My trademark will be unblemished."

Finally, the movie Young Frankenstein gave overdue credit to an old-time movie studio technician. When Mel Brooks was prepping the film he discovered that Ken Strickfaden, the designer of the "mad scientist" electrical machinery in the Universal Frankenstein films, had all the equipment from the original movies stored in his garage. Strickfaden agreed to rent Mel the props and received a screen credit, which he hadn't been given on the original films.

That's scary stuff, kids

"There is no burlesque for me. All I have to do is frighten the boys, a perfectly appropriate activity. My trademark will be unblemished."

Bela Lugosi on reprising the role that made him famous, playing Dracula straight in the 1948 horror comedy Abbott and Costello Meet Frankenstein.

SCENE 2

Debankify and entertain some friends tonight.

President's Choice FINANCIAL

Earn PC® points you can use for free groceries.

That's just good banking.

Some redemption restrictions; visit pcpoints.ca for details. ® Loblaws Inc. Used under licence. The loyalty program is provided by President's Choice Services Inc.

Some Love Letters from England

Metronomy. English electro-pop band's new album is being hailed as a 'breakthrough'

RICHARD PECKETT
Metro World News in London

"Why is everyone imagining there's something wrong with me?" queries Joseph Mount, singer for English electro-pop band Metronomy.

People think he's in relationship meltdown, thanks to a few lovesick songs from the maestro's latest album. He's not, and the simpering is as welcome as that insincere offer of "If you ever want to talk about it, you know I'm here."

In truth, the 31-year-old auteur has every reason to be as euphoric as the Love Letters title track's chorus thanks to strong sales. Mount and his bandmates — Gbenga Adelekan (bass guitar), Anna Prior (drums) and Oscar Cash (guitar) — have once again had a change of tune for their fourth studio album, taking their retro-infused record back to the sound of the '60s.

Love Letters is being referred to as a 'breakthrough.' Does that add pressure on you to perform?
Funnily enough, it does in a way. It doesn't add pressure on me but it does make the situation a bit more pressurized. It's already got to number 7 in the (British) charts and it's selling really well. If breakthrough means we're going to get played on BBC Radio 1, then I don't think it's going to be a breakthrough record. But you do get closer to holding the badge of being known as an English band. Each record we're getting closer to being part of the establishment.

Is it important to keep that Englishness at the core of your music?
The more I experience American attitudes toward English music, the more I want it to be English.

Americans lap up the accent and our quaint culture.
(Chuckles) Well, yeah. But then some English music seems such an alien thing to them.

Your album's called Love Letters, so have you ever sent one?
I have. Well, they were probably never sent but I did used to write nice affectionate letters to girlfriends.

Were they handwritten letters?
Of course, yeah.

Quoted

"I don't think it's going to be a breakthrough record. But you do get closer to holding the badge of being known as an English band."
Metronomy singer Joseph Mount

Metronomy is enjoying strong sales of their album Love Letters. CONTRIBUTED

The Big FASHION SALE by QUEBEC Designers

APRIL **25-26-27**

Ottawa's 2nd Edition

Rudsak • Bijoux Caroline Néron • Melissa Nepton • Schwiing
Second Yoga Jeans • Stacey Zhang • Jennifer Glasgow
Lux and Luster ***& many, many more!***

Samples & Inventory Surplus Liquidation 50% to 80%

www.thebigfashionsalebyquebecdesigners.com

© Photo: Mathieu Fortin © Mannequin: Sarah J / Specs Models

CENTRE EY CENTRE
4899 Uplands Drive
Ottawa ON K1V 2N6
near the Ottawa Airport

BUSINESS HOURS
Friday: 5 p.m to 9 p.m
Saturday: 9:30 a.m to 5 p.m
Sunday: 9:30 a.m to 5 p.m
FREE ENTRANCE

FOLLOW US ON

INFORMATION
(514) 866-2006 ext. 300
info@braderiedemodequebecoise.com

Production Anne de Shalla · LOU LOU · metro metronews.ca · Rouge 94,9 fm · Les Ventes

Depp is partial to the painted roles

Transcendence. Actor ditches all the makeup to play a computer genius in sci-fi tale

NED EHRBAR
Metro World News in Hollywood

Fans of Johnny Depp may be startled to discover that in his latest film, the techno-thriller Transcendence, the chameleon-like actor looks like … Johnny Depp.

"I knew right off the bat there was no need to go into pink-haired, clown nose, Ronald McDonald shoes," says Depp, who has made a habit of taking on roles that involve more than a little white face paint, from Tonto in the Lone Ranger to the Mad Hatter in Alice in Wonderland.

But the most makeup Depp hides behind in Transcendence is only there to show the physical deterioration of his character, computer genius Will Caster, after he gets radiation poisoning.

"It's always more difficult and slightly exposing to play something that's close to the surface, something that's close to yourself," Depp says.

"I always try to hide because I can't stand the way I look, first. I think it's important to change every time, and come up with something that's as interesting as you can for your characters."

Eventually Dr. Caster's consciousness is uploaded to a massive computer, keeping him "alive" but turning him into a ghost in the machine — and a face on a video screen.

"I did feel a little bit like Max Headroom," Depp admits.

"I guess the worst part is I liked it. I liked being in my little dark room, and (my co-stars) were on the other side. We couldn't find each other sometimes."

And apparently playing a foreboding version of advanced artificial intelligence didn't put Depp off the idea of that theoretical technological advancement.

"Having no intelligence, I'm looking forward to gaining something, whether artificial, superficial or super-duper," he quips.

All joking aside, Depp admits he's something of a Luddite when it comes to new technology — especially the handheld kind.

"Anything I have to attack with my thumbs for any period of time makes me feel stupid. So I try to avoid it as much as possible — to protect my thumbs, of course."

Johnny Depp stars in Transcendence, which opens Friday. CONTRIBUTED

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Andrew Garfield ALL PHOTOS GETTY IMAGES

Garfield feels the great responsibility of filling out those tighty-Spideys

Andrew Garfield's Amazing Spider-Man costume is so skintight, he feels nearly naked — which is fine by him. "I love being naked," he tells Metro U.K. "It's important to be naked and be in touch with our bodies and not have shame about what we're made of. I love being in touch with nature and my own nature." Then there's the issue of how much the form-fitting Spidey suit reveals in certain delicate areas, something Garfield admits was given a lot of thought. "It takes a lot of consideration because you don't want it to be underwhelming," he joked during a TV interview in Australia recently. "You don't want it to intimidate, and you don't want it to (do) the opposite of intimidate. So yes, there is thought. But ultimately you have to trust that what you have is enough."

Kelly's plans with her Coachella posse go all Paris-shaped

Apparently there was some major drama during the first weekend of the Coachella music festival as Kelly Osbourne took to Twitter to call out Paris Hilton for an icy encounter. Sources tell Us Weekly that the bitterness started when Hilton and her posse showed up at a VIP event and asked the organizers if they could have the table where Osbourne and her crew were sitting. The organizers asked Osbourne to move upstairs, which she did. Osbourne later tweeted at Hilton, "Please grow up. There is no reason to act like a child. You could of happily joined us! It's not 2005, no one cares."

Kelly Osbourne

Lilo's fest-case scenario a fail

Lindsay Lohan was reportedly spotting downing a vodka soda at the Coachella music festival this weekend, despite months of declaring her commitment to staying sober — though "no one around her was surprised" that she didn't keep her word, according to Radar Online. "Lindsay's friends and family have been hoping that she would stay sober, but they've been down this path before with her," a source says. "She swears that she's going to do the right thing and stay sober, then she doesn't and she apologizes when people find out. But she doesn't come clean to people close to her very easily."

Lindsay Lohan

The Word

Upton pays clip-on service to her boobs

MELINDA TAUB
Metro World News

Kate Upton has such an amazing body that people keep putting it on icebergs and sending it to space. Doesn't matter where you put it: She looks amazing in a bikini, parka or while weightless or, I assume, in a volcano, which is probably next. But Kate Upton herself is tired of her breasts. Probably because she has to follow them onto icebergs and into space.

"I wish I had smaller boobs every day of my life as I love to wear spaghetti tops braless or go for the smallest bikini designs," Upton told the U.K. Sun (via Page Six).

"Every single day, I'm like, 'Oh, man, it would be so much easier,' especially if people didn't constantly bring them up."

Not that Upton hates her 34Ds all the time. She just wishes they were optional. "If I could just take them off like they were clip-ons," she says.

I truly love the idea of Kate Upton, many a man's fantasy, with a nightmare closet of disembodied clip-on breasts in various shapes and sizes.

I love the idea of any woman with one of those, honestly.

Aaron Carter

Clearing the Aaron missing Nick's nuptials

Aaron Carter was a no-show at big brother Nick Carter's wedding in Santa Barbara last weekend, but it wasn't for lack of trying. "Aaron had a contract to appear at the Cherry Blossom Festival in D.C. before Nick set his wedding date. Even though he was obligated to fulfill his contract, Aaron still wanted to make the wedding," his rep tells E! News. "There was a team of six people who worked to put together a plan to get him to Santa Barbara by the reception so he could at least participate in the celebration. He was on his way when his US Airways plane experienced mechanical difficulties in Pittsburgh and they became grounded there. So he never made it. Aaron was legitimately busting his ass to make it to his brother's wedding. He felt awful and had every intention of being there."

Twitter

@Pink
Trying to explain why some people are mean, my two year old interrupts and says... "Maybe they just need love"

@RebelWilson
When people name their dogs after you — is that a good thing?

@NiallOfficial
Lovely evening for a cycle ! Deffo goin tonight

Last day to save.
Flights to select Canadian, U.S., Mexico and Caribbean destinations are on sale.*
Save your seat at westjet.com/seat-sale
*Some restrictions apply.
WESTJET

See that symbol? It means you can scan this image with your Metro News app to see a gallery of tantalizing images from southern Italy

LIFE 3

Touring the bottom of the boot

Southern Italy.
All you need is a little wanderlust and wine to enjoy this beauty

AMBER SHORTT
amber.shortt@metronews.ca

If you can stomach the winding roads, the Amalfi Coast pays out in breathtaking views. PHOTOS: AMBER SHORTT/METRO

Southern Italy may be known as the birthplace of pizza, but a tour down the boot offers a culinary, historical and esthetic experience that goes far beyond a bit of crust and marinara. For travellers hungry for an excursion away from the travel guide must-dos, the Amalfi Coast and Apulia regions are perfect for the Italian enthusiast.

The Amalfi Coast

Those who can stomach the winding narrow roads and steep cliffs of the Amalfi Coast will be treated to beautiful, unspoiled views of the Mediterranean. Lush in greenery, the region is spotted with vertically built farms, quaint towns and pebble beaches. There is even an island or two off the azure horizon.

Eat and stay: Plenty of hotels dot the coastline, including the Hotel Delfino, which looks onto the island of Capri. Stop in the town of Amalfi for lunch on the beach at the Marina Grande restaurant.

What to do: Take in a concert at the Villa Rufolo in Ravello. The area inspired Wagner's final opera Parsifal and the stage looks over the coast; join a tour group for lunch at La Sorgente Farmhouse (they don't do private bookings) and see how a real Italian mamma makes mozzarella.

The labyrinth of Matera

It may seem like you are lost in the middle of nowhere, but historic Matera's maze of walls and corridors is worth the trek off the tourist routes, especially for an '80s kid who dreamed of chasing David Bowie's Goblin King from the film Labyrinth. From the paleolithic era right up to the 1960s, locals inhabited the Sassi di Matera (meaning "stones of Matera") — ancient cave dwellings along a canyon below the city. Some of the caves have been turned into museums, while others now house luxury hotels and restaurants.

Get lost in Matera's maze of walls.

Eat and stay: Take advantage of the city's history and stay at the Sant'Angelo Luxury Resort, which overlooks the canyon and caves.

Matera is full of hidden cafés and restaurants — many in caves — so you can literally find your own hole in the wall.

If you like Matera: Check out Ostuni, known as the white town for its abundant use of antibacterial lime paint that coats everything. It is also built in a labyrinth style and looks out over the Adriatic Sea.

Getting there...

For travel information, visit airtransat.com.

Time travel in Otranto

It may be located at the heel of Italy's geographic boot, but don't hold that against Otranto. The city's castle, surrounding wall and cathedral are made of sandstone, pockmarked by age and weather. Brush your hand against the stone and tiny bits will brush away. The town has changed hands many times throughout history, and its cathedral houses the bones of more than 800 martyrs who were beheaded for not denouncing Christianity during Ottoman rule in the 1400s.

Indulge in Lecce

While the town has a distinct laid-back style — men in blazers and caps ride by on bicycles and well-dressed women walk the city cobbles in flats — Lecce is a feast for the stomach rather than the eyes. The Apulia region is known for its fish and fave e cicorie selvatiche (a tasty fava bean and chicory soup) found on most menus. The real treat is a regional dessert called pasticciotto: a crunchy-sweet pastry filled with creamy lemon custard.

Where to eat: Try a pasticciotto at the Pasticceria Luca Capilungo, which faces the ancient ampitheatre. For dinner, fill up on appetizers at the Osteria Degli Spiriti.

MIDEARTH TRAVEL
738 Bronson Ave. 613-236-5226
224-6 Hunt Club Rd. 613-236-2323
www.midearth.ca

NEW YORK CITY FUN
3-4 Days, NYC and Woodbury Outlets
Departure: April 18, May 17 and more
from $179

TORONTO - NIAGARA FALLS
2-day trip, 1000 Islands Cruise, Toronto & Niagra Falls. Saturday departures
from $119

QUEBEC CITY & WHALE WATCHING
Quebec City & Montreal. 2-day trips Saturday departures
from $119

USA 4-DAY BUS TOUR
NYC - Washington DC – Atlantic City
Departure: April 18, May 17 and more
from $229

All including Bus & Hotel

Last day to save.
Vacation packages to a variety of destinations are on sale.*
Book today at westjetvacations.com/seat-sale or call your travel agent.
*Some restrictions apply.
WESTJET vacations

Bucket List

San Juan, Puerto Rico

Beautiful beaches, great food, rich history, secluded places to escape to, an actual café society and amazing scuba diving — what's not to love about Puerto Rico? This U.S. territory enjoys a steady rise in popularity, as people cotton on to the fact that the capital of San Juan is an excellent spot to anchor a week away. And while there are some really great hotels, including La Concha Resort on Condado Beach and La Terraza in Old San Juan, renting a condo is also an excellent option. Make the fresh seafood mofongo your order of the day. Now is a good time to visit, before it gets too hot.

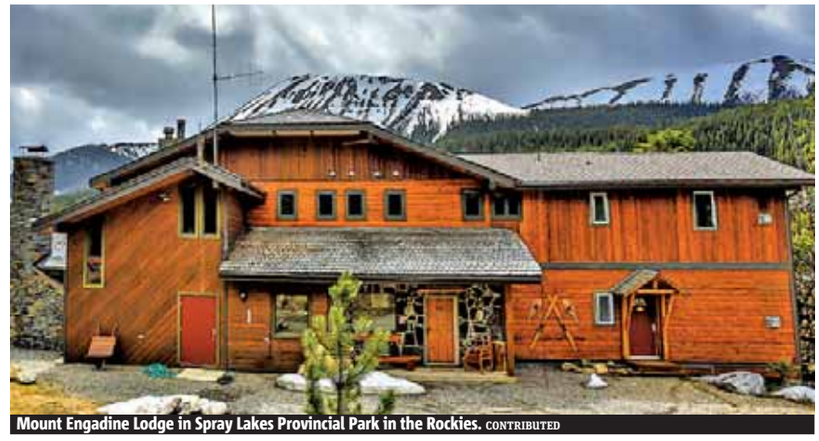
DOUG WALLACE/METRO

Hotels show it can be easy being green

Earth Day. Across Canada, lodges are cleaning up their acts. Here are a few of the sustainability stars

ON THE MOVE
Loren Christie
life@metronews.ca

In recognition of the upcoming Earth Day (April 22), I salute four hotels across the country that are doing their part for the environment.



Mount Engadine Lodge in Spray Lakes Provincial Park in the Rockies. CONTRIBUTED

Element Vaughan Southwest

Built green from the ground up, Element Vaughan Southwest is a 152-room extended stay hotel just outside Toronto.

Powered by 100 per cent renewable energy, the hotel has taken every opportunity to minimize its footprint. All guest rooms are equipped with recycling bins, flooring made from recycled tires and soy-based fabrics. The bathroom faucets are low-flow and the en suite kitchens feature filtered water and energy efficient appliances. The fitness centre has a stationary bike charging station, which powers up personal electronic devices while guests exercise. A complimentary Bikes-to-Borrow program encourages travellers to get out and enjoy the fresh air.

Auberge Le Baluchon

Located in Quebec's Mauricie region, the 88-room Auberge Le Baluchon is a standout for seamlessly incorporating itself into a stunning natural setting. The executive chef takes pride in the fact that the food is locally sourced. In winter, outdoor enthusiasts can go dog sledding, Nordic skiing or skate on the Du Loup River, a five-kilometre long outdoor skating rink. In summer, options include canoeing, horseback riding or mountain biking. Every activity requires nothing more than your own steam, or perhaps a little horsepower.

Mount Engadine Lodge

You can't get much more off the energy grid than Alberta's Mount Engadine Lodge. Nestled in Spray Lakes Provincial Park in the Rocky Mountains, guests will notice right away the lack of in-room televisions and refrigerators. Behind the scenes, the lodge limits its power usage by using a generator and rechargeable batteries to power energy efficient light bulbs and appliances. A state-of-the-art waste treatment system uses oxygen to break matter down and UV lights to purify it. The bathrooms are stocked with locally made environmentally friendly soaps and all the cleaning is done using environmentally friendly products.

Oak Bay Beach House

The historic Oak Bay Beach Hotel in Victoria, B.C., receives a nod for its recent renovations. Two years ago it was completely rebuilt on the same oceanfront site where the previous hotel stood for more than 80 years, and 95 per cent of the building was saved for re-use or recycled with only five per cent going to the local landfill. The hotel was recognized by LEED (Leadership in Energy and Environmental Design) as a high-performance building and awarded with a Gold level environmental sensitivity designation.

New

In-flight Wi-Fi from Air Canada

Gone are the blissful, email-free few hours you looked forward to while boarding your flight. Air Canada has started to roll out Internet connectivity across its North American fleet in partnership with Gogo. On the brighter side, think of how much Facebooking you can catch up on. The carrier says pricing will be "competitive." Let's see how long it takes for everyone to start whining for it to be free. Plans are underway to extend this service to international flights at a later date.

DOUG WALLACE/METRO

Event

Flash Forward Festival Boston

Boston's Fairmont Battery Wharf is gearing up for the fourth annual Flash Forward Festival May 1 to 4, an international gathering of photography buffs. The free four-day event is connected with Canada's Magenta Foundation and its annual emerging artist competition for photographers from Canada, the U.S. and the U.K. It incorporates panel discussions, guest speakers, outdoor exhibitions, events and some truly great art. Visit flashforwardfestival.com.

DOUG WALLACE/METRO

Deals

Half Moon Heaven

Luxurious Half Moon Resort in Montego Bay, Jamaica, is celebrating its 60th anniversary with a Diamond Jubilee package for groups of 15 or more. Book by April 30 for travel between May 8 and Dec. 18, and get four nights in one of the four-to-seven-room villas, all meals and beverages, plus a butler, housekeeper and cook, for about $1100 per person plus taxes (based on double occupancy). Go for the golf — stay for the dolphin swim. Visit halfmoon.com.

DOUG WALLACE/METRO

Walking the world's longest river

Nile or nothing. Writer and former army captain has set out on a dangerous year-long journey

The longest river in the world is proving quite the challenge for the 31-year-old adventurer Levison Wood. ISTOCK

Close calls with crocodiles, a brutal civil war and even the death of a fellow traveller have not deterred a British man from attempting to walk the length of the Nile River.

The year-long 6,800 kilometre journey along the world's longest river will see the former British army captain pass through seven countries.

After four months trekking through Rwanda, Tanzania and Uganda, Levison Wood is now in South Sudan, a country with little infrastructure that has been destabilized by four months of fighting between pro- and anti-government forces. The 31-year-old said it took three years to plan the walk from Rwanda to Egypt.

"I've always had a passion for Africa since I was young. The river Nile has always interested me and I thought, what's the biggest expedition I could ever think of? And walking the Nile it was," he told The Associated Press.

Though he faces many dangers on the walk from both man and beast, Wood noted that past explorers didn't have the luxury of a satellite phone or Google maps.

"We've had some close calls with buffalo, elephants and a very close call with a crocodile in Murchison Falls," a national park in Uganda, he said Thursday. "The toughest challenge I'm finding is to keep the momentum going and not get too dismayed when there are delays."

On average Wood walks 20 miles a day, but he is seldom alone. His guide from Congo, who goes by the name Boston, has been a long-time companion. In South Sudan three AK-47 wielding soldiers from the commando battalion flank him as security. Another South Sudanese man on a bike ferries supplies.

"South Sudan has been a challenge to say the least," Wood said. "And when I set off on November 25, I obviously didn't predict a civil war kicking off mid-December."

Further complicating matters is the camera crew following Wood to shoot a four-part documentary series for U.K. and U.S. audiences on Britain's Channel 4 and America's Animal Planet. Wood and his crew were arrested while filming near the only bridge that crosses the Nile in South Sudan.

Weaving through the chaotic traffic in Juba, South Sudan's capital, Wood and his crew set a blistering pace. Their South Sudanese guide occasionally barks orders to stop filming near a national memorial or military installation.

Levison Wood says it took three years to plan his trip. THE ASSOCIATED PRESS

There are safety concerns for this leg of the trip. The Nile passes through Jonglei state, a region that has seen heavy fighting in recent months.

"As that's the front line, I'll have to make a decision when I get there whether I have to move away from the river," he said.

Then a well-known Juba curiosity strolls past: a lanky man who is totally naked.

The team laughs. "No comment," Wood says to his cameraman.

While South Sudan appears to be the toughest part of his trip, it was in Uganda where tragedy struck. Experienced American adventure journalist Matt Power, who was walking with Wood, died from heat exhaustion March 10. Wood said the death forced him to reconsider his plans.

"We took a week off just to contemplate what happened and have a think about, 'Is this something we really want to be doing?'" he said.

After speaking with Power's wife and family, Wood, with their blessing, decided to continue. "It is one of those things that really brings home the reality that this is not an easy thing to do. It's incredibly difficult and dangerous in parts and all I can do is be as prepared as I can be and hope the same doesn't happen to me," he said.

THE ASSOCIATED PRESS

Follow him

- **Twitter.** Keep track of Wood's journey by following the handle @WalkingTheNile
- **Blog.** Get video clips and other updates at channel4.com/programmes/walking-the-nile

AIR CANADA VACATIONS

The Oasis at Sunset

AIR, HOTEL & TRANSFERS

Montego Bay, Jamaica via Toronto

The Oasis at Sunset ❀❀❀❀ PRIVILEGES

All-Inclusive • Club rm.
May 27 - 31 • 1 wk.

$860
Add taxes & other fees: $424
Add $50 for Sat. departures

All-Inclusive • Club rm.
July 2, 3, 8, 10, 11 & 12 • 1 wk.

$1310
Add taxes & other fees: $424
Add $50 for Sat. departures

SAVE AN EXTRA $300 per couple ON YOUR SUMMER VACATION[1]

THE OASIS AT SUNSET

aircanadavacations.com Call 1 877 236-6228 or your travel agent

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on Apr. 16, 2014, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Ottawa - Macdonald-Cartier International Airport in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. TICO registration #50013537. ■ [1]Valid on travel from May 1 and completed by Oct. 31, 2014. Valid on group bookings. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

aeroplan tico.ca

There's more than cheesesteaks in Philly's food scene

Sampan offers a contemporary Asian menu with plenty of people watching. THE ASSOCIATED PRESS

The perpetually popular Barbuzzo offers Mediterranean fare. THE ASSOCIATED PRESS

Midtown Village.
A bustling restaurant area has moved into the once-seedy 13th Street corridor

Tourism officials will tell you the restaurant-rich area at the heart of downtown is called Midtown Village, but that moniker hasn't entirely caught on with the locals.

The good news is that it doesn't matter what you call it. Philadelphia food lovers just know 13th Street — which runs through the centre of the neighbourhood — as a vibrant area chock full of great eateries and wine bars, a place to get anything from artisanal pizza and gourmet vegan to Asian fusion and modern Indian. And don't forget the freshly made prickly-pear gelato for dessert.

While the city boasts many foodie destinations — from Fishtown in the north to East Passyunk in the south — Midtown Village is the most centrally located, sitting in the shadow of City Hall between the Liberty Bell and tony Rittenhouse Square.

The once-seedy 13th Street corridor has been transformed in recent years in part through the efforts of chef Marcie Turney and her partner Valerie Safran. Their portfolio of restaurants, upscale gift shops and grocery store became core elements of the casually hip district.

Among their properties: Perpetually popular Barbuzzo, which offers a Mediterranean kitchen and bar; Jamonera, a Spanish wine bar with an extensive sherry list; and the relatively new Italian dining room Little Nonna's. Their innovative take on Mexican food, Lolita, was scheduled to reopen in April after undergoing renovations.

Another Mexican outpost is the hard-to-miss El Vez, a gregarious emporium from hometown restaurateur Steven Starr. And across the street is the eye-catching Sampan and its semi-hidden Graffiti Bar, both offering a contemporary Asian menu from chef Michael Schulson.

Nearly all the eateries offer outdoor seating, which makes for crowded, lively sidewalks. It also eases the seating crunch at tiny places like Zavino, an informal pizzeria and wine bar that boasts some of the city's best pies.

Favourites include the "Stache" (whole-wheat crust with pistachio pesto, mozzarella, Parmesan, lemon vinaigrette and baby arugula) and the "Joey" (sausage, mozzarella, crushed tomato, spinach, garlic, provolone and chili flakes). Zavino also offers a small selection of homemade pasta and noshes like charcuterie and olives.

Thirsty? Duck into historic McGillin's Olde Ale House, one of the nation's oldest taverns, where the walls are filled with Philly-oriented memorabilia, beer collectibles and liquor licenses dating back to the 19th century. Or try the much younger Bru, a German beer hall specializing in Bavarian cuisine. Both have entrances on tiny Drury Street, just off 13th between Sansom and Chestnut.

THE ASSOCIATED PRESS

If you go...

- **Midtown Village.** midtownvillage.org
- **Turney/Safran Restaurants and Shops.** 13thstreetphilly.blogspot.com

JBC Travel Tico:50007915
Monday-Friday 10:00-17:00 Saturday 10:00-14:00
Tel: 613.569.3888 www.jbctravel.ca
Adresse: 286 Kent St., Ottawa ON K2P 2A4 Fax: 613.569.1666 bustour@jbctravel.ca

Coupon $20 offered — This $20 coupon per person is offered on board the bus for "Toronto 2 / 3 days" "New York 3 / 4 days" during Easter long weekend

Easter Holiday Super Offer for Bus Tour
All departures guaranteed

Toronto -1000 Islands - Niagara Falls 3 Days
Departures: Apr.18/19
~~139$+/p.p~~ 118$+/p.p
Breakfast included Occ.(4):

Toronto - Niagara Falls 2 Days
Breakfast included Occ.(4):
Departures: Apr.19/20
~~119$+/p.p~~ 98$+/p.p
Departure: Apr.18 price:109$/p.p

New York 3 Days Breakfast included Occ.(4):
Departure: Apr.18/19 ~~139$+/p.p~~ 129$+/p.p
tour libre: Departure: Apr.18/19 ~~169$+/p.p~~ 159$+/p.p
Limited Departure: Departure: Apr.18 ~~189$+/p.p~~ 169$+/p.p

New York 4 Days
Breakfast included Occ.(4):
Departure:Apr.19 ~~170$+/p.p~~ 158$+/p.p
Departure:Apr.18 ~~169$+/p.p~~
tour libre: Departure:Apr.19 ~~200$+/p.p~~ 188$+/p.p
Departure:Apr.18 199$+/p.p

Eastern USA 4 Days ~~189$+/p.p~~
Departures: Apr.18/19 New York, Washington.D.C, Philadelphie, Atlantic City, Woodbury Outlets
Breakfast included Occ.(4): 179$+/p.p

Washington D.C & Philadelphia 4 days
Departure: Apr.18
Breakfast included Occ.(4): 199$+/p.p

Boston & Rhode Island 3 Days Breakfast included Occ.(4): ~~159$+/p.p~~
Visit: Harvard University - MIT - Quincy Market
Departure: Apr.18 Shopping at Premium Outlets in Boston 149$+/p.p

Boston 2 Days Breakfast included Occ.(4): ~~129$+/p.p~~
Departure: Apr.19
Visit: Harvard University - MIT - Quincy Market 119$+/p.p

Early Booking can get until 10% off
Price starting from OCC.(4) / p.p

Toronto -1000 Islands - Niagara Falls 3 Days
Departure: Apr. 26
May: every Friday & Saturday ~~139$+/p.p~~ 129$+/p.p
Breakfast included Occ.(4):

Toronto - Niagara Falls 2 Days
Hôtel aux chutes Niagara!!!
Departure: Apr. 26
May: every Wednesday & Saturday ~~119$+/p.p~~ 109$+/p.p
Breakfast included Occ.(4):

New York 3 Days Breakfast included Occ.(4):
Departures: Apr.25/26
May:every Wed., Fri. & Sat. ~~139$+/p.p~~ 129$+/p.p
tour libre: ~~169$+/p.p~~ 159$+/p.p

New York 4 jours Breakfast included Occ.(4):
Departure: Apr. 25
May: every friday ~~179$+/p.p~~ 169$+/p.p
tour libre: ~~209$+/p.p~~ 199$+/p.p

Eastern USA 4 Days Breakfast included Occ.(4):
New York, Washington.D.C, Philadelphie, Atlantic City,Woodbury Outlets
Departures: May 3/17 ~~189$+/p.p~~ 179$+/p.p

Washington & Philadelphie 4 Days
Breakfast included Occ.(4):
Departure: May16 199$+/p.p

Boston & Rhode Island 3 Days Breakfast included Occ.(4):
Shopping at Premium Outlets in Boston
Departure:May 17 ~~159$+/p.p~~ 149$+/p.p
Visit: Harvard University - MIT - Quincy Market

Boston 2 Days Breakfast included Occ.(4):
Departure:May 17 ~~129$+/p.p~~ 119$+/p.p
Visit: Harvard University - MIT - Quincy Market

Across Canada 10 days 799$+/p.p
Departure days: July. 7 / Aug. 4
(4): $799+ (3):$999+ (2):$1199+ (1):$1699+

Price includes:9 night's hotel / 9 breakfasts / luxury transportation / tax
Payment: Cash, Debit Card, Cheque

(4): $799+ (3):$999+ (2):$1199+ (1):$1699+
Across USA 10 days 799$+/p.p
Departure days: July. 17 / Aug. 14

Price valid until April 21 2014 Price includes: *Transportation by coach 3 starts hotel(for the trips 2 days or plus) *Tour guide *Taxes *Certain conditions apply *OPC funds are included (FICAV de 1$ par tranche de 1000$) JBC Travel Inc. reserves all rights to modify the circuits and hotels.

See that symbol? It means you can scan the photo below with your Metro News app to see Lynn Roberts at Innergy Corporate Yoga demonstrate a yoga move you can try at work.

Get up, stand up, stand up for your health

Dancing at your desk. With sedentary behaviour at an all-time high in Canada, it's time to make a run for it and get active, even at the office

While much attention has been devoted to monitoring the activity levels — or lack thereof — among Canadian kids, many of the country's adults are also at risk of spending too many of their waking hours being idle.

With its Sneak It In campaign, ParticipAction is encouraging adults to break up sedentary time spent commuting and sitting in the office.

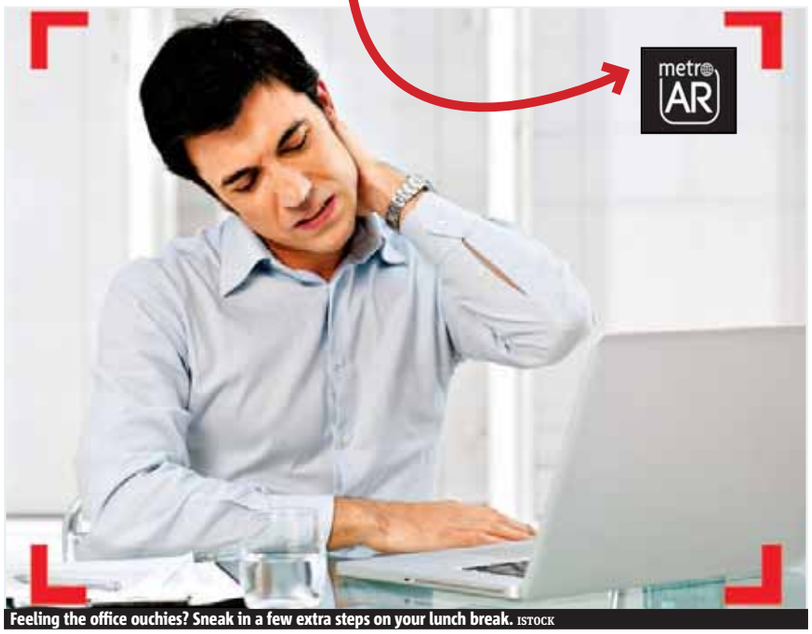
To help reach that goal, adults are encouraged to take active breaks and boost their fitness levels by "sneaking in" 10-minute bursts of physical activity into their workdays.

According to Statistics Canada's Canadian Health Measures Survey from 2007 to '09, just over 15 per cent of the country's adults were meeting the recommended guidelines of 150 minutes of physical activity a week.

The figures for older children are similarly grim. In its annual report card on the physical activity level of children and youth released last year, Active Healthy Kids Canada revealed that only seven per cent of five- to 11-year-olds and four per cent of 12- to 17-year-olds met recommended guidelines of 60 minutes of moderate to vigorous activity daily.

Walking quickly, skating and bike riding are examples of moderate activities, while running, basketball and soccer are examples of vigorous activities.

StatsCan found that adults spent an average of 9.5 hours a day — or approximately 69 per cent of their waking hours — in sedentary activities, which involve little physical movement and a low expenditure of energy. ParticipAction president and CEO Elio Antunes said long stretches of time spent sitting is detrimental to one's health and it's important for adults to make a conscious effort to incorporate activity throughout the day to help limit potential health risks.



Feeling the office ouchies? Sneak in a few extra steps on your lunch break. ISTOCK

Sick from the sit

"Too much sedentary behaviour has led to increases in risk of diabetes, even heart attacks, high blood pressure, elevated cholesterol."

Elio Antunes
ParticipAction president

"Too much sedentary behaviour has led to increases in risk of diabetes, even heart attacks, high blood pressure, elevated cholesterol," he said in an interview.

"A lot of people with sore backs is due to long-term sitting. So there's a whole range of health issues that's related to too much sedentary behaviour — specifically sitting — so breaking that behaviour up will contribute to (addressing) those issues."

Antunes said adults can also wear a pedometer and aim to clock 10,000 steps within a day, and can even transform the exercise into a mini-challenge with their colleagues.

Adults don't need to devote lunch hours at the gym to see an uptick in their activity levels but can achieve their target with short bursts of everyday activities "that should get your heart rate going," he noted.

Gallop while you gab

ParticipAction president and CEO Elio Antunes said he has colleagues who book walking into their agendas, and suggests workers go for a walking meeting rather than book a boardroom for their gatherings.

- "You're still being productive ... but you're reducing your sedentary time while being productive."

"When you're going out to lunch for that sandwich, maybe take that extra walk for 10 minutes, or park your car a bit further from the front doors or take public transit."

Antunes said he recognized that individuals are busy and that breaking up sedentary time is a challenge within today's fast-paced environment.

But it's as essential as carrying out a work assignment and can perhaps be accomplished in tandem with office-related tasks, he noted.

"If you're working towards a deadline, working on a focused project, there are things you can do that (don't) necessarily impact your productivity," Antunes said, suggesting individuals stand rather than sit during phone calls and walk to speak with colleagues face-to-face versus sending emails.

"If you have your weekly management meeting, get up instead of sitting down and that breaks up your sedentary time. Anything you can do to get off that chair."

THE CANADIAN PRESS

Career Training
"I Want to Become a Medical Laboratory Assistant/Technician!"
Everest College is a great place to build a healthy future!
CALL NOW! 1-866-475-3192
VISIT US ONLINE AT WWW.TRAINATEVEREST.CA
Everest COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE
14 CONVENIENT LOCATIONS IN ONTARIO
Everest College is the largest private career college in Ontario with more than 5,000 enrolments last year.
OTTAWA EAST • OTTAWA WEST
Courses are taught by instructors with real-world experience. Hands-on training in small work teams. Career services assistance available to graduates. Flexible class schedules.

YOUR SUCCESS STARTS RIGHT NOW!
By making the decision to call Algonquin Careers Academy, you're saying goodbye to "job hunting" and hello to an exciting new career.
CONSIDER A CAREER IN BUSINESS OR LAW:
• ACCOUNTING & PAYROLL ADMINISTRATOR
• PARALEGAL (accredited by LSUC)
• LEGAL ASSISTANT
Classes starting soon
613-722-7811
ALGONQUIN CAREERS ACADEMY
www.algonquinacademy.com
1830 Bank St, at Walkley station

Think outside the dinner box

Mini Vegetable, Ham and Egg Puffs. Borrow from the breakfast table to make a quick and easy dinner

DINNER EXPRESS
Emily Richards
food@metronews.ca

Sometimes breakfast can be considered a comfort food and we all need a little comfort after a long days work.

That's why breakfast for dinner is a popular way to eat fast and healthy.

Keeping a pantry of staples is helpful and always having those protein-filled eggs in your refrigerator makes for endless possibilities. For example, with only a few ingredients, you can enjoy delicious vegetables among eggs that are baked. All it takes to round out your meal is salad and crusty bread. These little puffs are perfect to enjoy on the run as well.

Any leftovers can be packed into lunches the next day or enjoyed on your way out the door to work. Whichever way you eat these, they will give your day an "eggcellent" healthy feeling.

Cooking tips

- Using muffin tins to make these helps create a perfect size for everyone big and small in the family. Easy enough to take on the run when time is crunched or for those late-night dinners.
- These can be made up to 2 days ahead and kept refrigerated to be reheated quickly in the microwave.
- Try using shredded cheddar cheese instead of feta.

Ingredients

- 1 tsp (5 ml) canola oil
- 1/4 cup (60 ml) diced onion
- Half a red bell pepper, diced
- 1 cup (250 ml) chopped broccoli
- 1/2 cup (125 ml) chopped ham
- 1/2 tsp (2 ml) dried thyme
- 1/4 tsp (1 ml) freshly ground black pepper
- 1/2 cup (125 ml) crumbled feta cheese
- 4 eggs
- 2 egg whites
- 1 cup (250 ml) skim milk
- 1/4 cup (60 ml) wheat bran
- 1/4 cup (60 ml) whole wheat flour

1. In skillet, heat oil over medium heat and cook onion and pepper for 2 minutes or until softened. Add broccoli, ham, thyme and pepper; cover and steam for 3 mins or until tender crisp and bright green. Divide mix among 12 greased muffin tins. Sprinkle cheese over top of vegetable mixture.

2. In a bowl, whisk together, eggs, egg whites, milk, bran and whole wheat flour. Pour evenly over vegetable and cheese mixture. Bake in 400 F (200 C) oven for about 20 minutes or until golden, set and puffed. Let the puffs cool slightly before serving them.

This recipe makes 12 puffs. EMILY RICHARDS

Breakfast for dinner. Double Cheese Omelette

Eggs are never low fat, but you can ensure you're getting good fat by using omega eggs and cooking in omega oil instead of butter. Add some whole grain toast to round out the meal.

1. In small bowl, stir together mozzarella, ricotta, basil, chives, salt and pepper. Set aside.

2. In another bowl, whisk eggs together until frothy. In small nonstick frying pan, heat 2 tsp (10 ml) of the oil over medium-low heat, swirling to coat pan. Pour half of eggs into pan. Cook for 30 seconds, lifting cooked edge of eggs up with rubber spatula to allow uncooked eggs to flow underneath.

3. Sprinkle with half of cheese mixture, leaving 3/4-inch (2 cm) border bare all the way around. Cook for 1 to 2 minutes. Run rubber spatula around the edge to loosen then fold in half. Slide onto a plate. Repeat with remaining oil, eggs and cheese mixture.

Ingredients

- 1/3 cup (75 ml) shredded mozzarella cheese
- 1/4 cup (50 ml) PC Blue Menu Ricotta Whey Cheese
- 3 tbsp (45 ml) finely chopped fresh basil
- 3 tbsp (45 ml) finely chopped fresh chives
- Pinch each salt and freshly ground black pepper
- 4 large PC Blue Menu Omega-3 white eggs
- 4 tsp (20 ml) PC Blue Menu Omega Oil

PRESIDENT'S CHOICE

Last day to save.
Flights to select Canadian, U.S., Mexico and Caribbean destinations are on sale.*
Save your seat at westjet.com/seat-sale
*Some restrictions apply.
WESTJET

SPORTS 4

1st-round foe up in air, Raptors just don't care

Raptors point guard Kyle Lowry is fouled by the Bucks' Brandon Knight on Monday night in Toronto. RICK MADONIK/TORSTAR NEWS SERVICE

NBA. With one game remaining in regular season, Toronto in battle for East's 3rd seed

If the Toronto Raptors have a preferable post-season opponent, they're not saying.

The Raptors wrap up their record-breaking regular season Wednesday night at New York, and won't know until post-game who they'll face in the playoffs.

And they insist they don't care.

"We're just worried about ourselves," Amir Johnson said after Monday's victory over the Milwaukee Bucks. "We just want to clean up on our mistakes. Whoever's in front of us, we're going to play the same way we've been playing all season."

The Raptors, who set a franchise record with their 48th win of the season Monday night, will face one of the Brooklyn Nets, Washington Wizards or Charlotte Bobcats when the opening round begins this weekend.

The Raptors are tied with the Chicago Bulls for third in the Eastern Conference, but control their own destiny. They'll clinch the No. 3 seed if they either beat the Knicks on Wednesday, or the Bulls lose at Charlotte. They'll finish fourth if they lose and Chicago wins.

"We haven't thought about it or talked about it," guard Kyle Lowry said, about the ramifications of Wednesday's schedule. "We're just going to go out there and play our game." THE CANADIAN PRESS

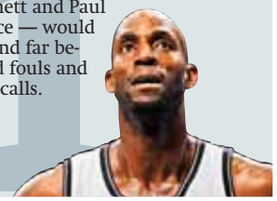
Quoted

"There's no easy teams left in the playoffs right now, all the teams are very capable."
Raptors coach Dwane Casey

Brooklyn Nets

The Raptors may not be the most athletic team in the NBA but they could exploit a speed advantage over the somewhat senior Nets.

However, Brooklyn's experience might factor into how the officials call games but that same vast experience — especially Kevin Garnett and Paul Pierce — would extend far beyond fouls and non-calls.



Washington Wizards

Toronto has had success against the Wizards in the recent past and would go into the series with some confidence, but a healthy Nene gives the Wizards a tough frontcourt partner for Marcin Gortat, whose quickness rolling to the basket has given the Raptors fits at times.

Charlotte Bobcats

The Raptors should have some kind of advantage up front in size and speed and they are a better three-point shooting team.

Still, Al Jefferson has a tendency to chew up the Raptors at every turn; and Gerald Henderson does more than a passable job guarding DeMar DeRozan. TORSTAR NEWS SERVICE

25th anniversary

Victims of stadium disaster remembered

The global football community united Tuesday to mark the 25th anniversary of the Hillsborough Stadium disaster in which 96 Liverpool fans were crushed to death during an FA Cup semifinal.

The focal point on a day of commemoration and remembrance was Anfield, where Liverpool players past and present and the families of the victims were among the estimated 30,000 people who attended a moving memorial service. THE ASSOCIATED PRESS

Scan the above image with the Metro News app to see a photo gallery of the memorial service. CHRISTOPHER FURLONG/GETTY IMAGES

Premier League

Arsenal back in last Champions League spot

Lukas Podolski scored twice as Arsenal came from a goal down to beat West Ham 3-1 in the Premier League on Tuesday and provisionally reclaim the last Champions League spot. THE ASSOCIATED PRESS

Debankify and score better seats.

President's Choice FINANCIAL

Save up to $200 yearly with a no fee bank account.

That's just good banking.

Savings comparison based on the fees for limited and unlimited transaction account packages and one order of cheques as offered by the major Canadian banks as of January 1, 2014.
®Loblaws Inc. Used under licence. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

It's playoff time

As hockey's best warm-up for the post-season, here are five stories to watch as the 2014 playoffs unfold.

THE CANADIAN PRESS
All photos by Getty Images

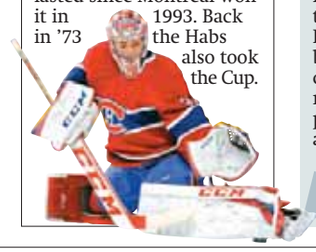
A brand new playoff format

This is the first year of a new divisional playoff format, which means no more re-seeding and defined opponents for teams in the next round. Some critics don't like seeing Joe Pavelski's San Jose Sharks face another contender in the Los Angeles Kings in the first round.

Habs to carry the Maple Leaf

Not quite, but for the first time since 1972-73, Canada has just one team in the playoffs. And it's the Montreal Canadiens.

Goaltender Carey Price, defenceman P.K. Subban and the Canadiens are that one and only hope of ending Canada's Stanley Cup drought that has lasted since Montreal won it in 1993. Back in '73 the Habs also took the Cup.



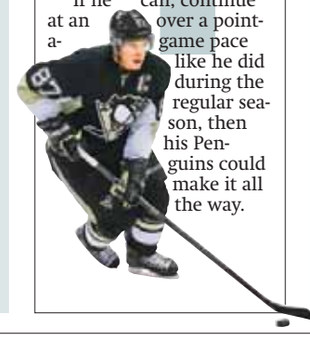
Can Chicago pull it off once again?

Jonathan Toews and Patrick Kane missed the end of the regular season with injuries, so what they'll be able to provide is an unknown. If they do come through big time, the Blackhawks could be the first to become repeat Stanley Cup champions since Detroit in 1997 and 1998.

Is Sid up for another Cup?

Sidney Crosby is only 26 and he has two Olympic gold medals and a Stanley Cup ring. But the Penguins captain won his NHL title almost five full years ago.

If he can, continue at an a- over a point-game pace like he did during the regular season, then his Penguins could make it all the way.



Boston strong

The Boston Bruins have been the best, most consistent team in the NHL this season and have to be considered cup favourites.

Led by Canadian Olympian Patrice Bergeron, the Bruins have a tough road ahead.

Avalanche makeover

Roy's fiery style leads Colorado

Patrick Roy's fiery personality was on full display in the opening game when the Colorado coach got into a heated exchange with Anaheim, banging his hands again and again on the glass partition until it tilted.

That eruption set a tone for the season: The Avalanche weren't going to be pushovers. Not with the combustible Hall of Fame goaltender taking over behind the bench.

Roy guided this franchise — the one he led to two Stanley Cup titles as a player — back into the playoffs by tying a team record with 52 wins. They play Minnesota in a first-round series that begins Thursday.

That transformation began in that very first game against Anaheim.

Wild coach Mike Yeo jokingly said he plans to "check the partition" between the benches before the playoff series. "They're an in-your-face team," Yeo said. Just like their coach.

THE ASSOCIATED PRESS

Spezza, MacLean spell Sens future

THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

The Ottawa Senators entered the season with high expectations and exited feeling empty. Poor starts, lack of discipline, a shoddy home record, not getting timely saves frequently enough all contributed to a disappointing campaign.

Opinions are wide-spread on what may occur in the coming weeks; most of the speculation surrounds coach Paul MacLean and captain Jason Spezza.

MacLean's third year was borderline disastrous. The club lacked identity, structured zone coverage disappeared at times and even ice-time assignments were questioned. On many nights, MacLean sent his third-liners over the boards repeatedly when in need of a goal.

Harry Neale's old line is he'd rather be coach for the year rather than coach of the year and that's where things may be headed with MacLean. GM Bryan Murray and owner Eugene Melnyk were not satisfied with the job done by the coaching staff this season, but it's believed MacLean will return, albeit on a short leash. After signing a contract extension last summer, at least for the time being, he is safe.

Spezza's immediate future is more uncertain. His first season as captain was a tough one. As time wore on, Spezza grew into the responsibility,

Sens captain Jason Spezza
GETTY IMAGES

but was unable to escape his detractors. There's one faction of fans who criticize his risk-reward playing style; while others marvel at Spezza's playmaking abilities.

The 30-year-old is entering the final season of a seven-year deal, leaving Murray a major decision to ponder. Does he offer Spezza an extension or explore trade options? Don't forget, Spezza has a no-trade clause he could exercise.

The underlying issue is what can Spezza fetch in return? And if he's ultimately moved, how does it affect the roster? Potential free agent Ales Hemsky has said losing Spezza weighs heavily into re-signing with the Senators.

The fact remains Spezza has averaged a point-per-game throughout his 11-year career. Murray will be hard-pressed to replace that offence. It's really a question if Spezza wants to stay. Monday he said, "I do." But for how long?

Canadiens. How to turn last year's disaster into this year's success

The Montreal Canadiens hope to turn last year's playoff disaster into this year's success.

The Canadiens finished second in the Eastern Conference in the lockout-shortened 2012-13 campaign only to see their attack fizzle and their players take a pounding in a five-game setback to the Ottawa Senators.

Their offence, if not so much their mettle, will be tested again when they face the tight-checking Lightning in a best-of-seven conference quarter-final starting Wednesday night in Tampa.

Captain Brian Gionta feels the experience gained a year ago, along with a strong finish to the regular season, has the Canadiens in better shape going into the post-season.

"We've had a good last run coming in," said Gionta

A key will be goaltending, and whether Carey Price can carry the experience of leading Canada to gold at the Winter Olympics in February into the similarly pressure-packed NHL playoffs. THE CANADIAN PRESS

Quoted

"It's all about preparing for the (next) game, regardless of what's happened before."

Canadiens goalie Carey Price

24/7
GERVAIS
TOWING & RECOVERY • 613-747-4666
24 HOURS A DAY, WE ARE ALWAYS THERE WHEN YOU NEED US
Big or Small
We Tow Them All!
SINCE 1934

GET TOTAL DISCOUNTS UP TO $10,000

Starting From Price for 2014 Ram 1500 Sport Crew Cab shown: $38,290.§

2014 RAM 1500 QUAD CAB SXT 4X4

$1,500 BONUS CASH»

IF YOU ARE A LICENSED TRADESMAN OR IF YOU CURRENTLY OWN ANY PICKUP TRUCK

$26,295

PURCHASE PRICE INCLUDES $8,500 CONSUMER CASH; $1,500 BONUS CASH,»» FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

OR CHOOSE

$150 BI-WEEKLY FINANCING†

@ **4.29%** FOR 96 MONTHS WITH $0 DOWN

STEP UP TO THE 2014 RAM 1500 QUAD CAB SLT 4X4 FOR ONLY **$24** MORE BI-WEEKLY

PULL-AHEAD BONUS CASHΩ **$1,000** + **1%** RATE REDUCTION ENDS APRIL 30TH

PULL-AHEAD INTO A NEW VEHICLE SOONER. EXCLUSIVE TO OUR EXISTING FINANCE/LEASE CUSTOMERS.

NOW AVAILABLE

RAM 1500 EcoDiesel WITH UP TO 40 MPG HWY.•

BEST FUEL ECONOMY OF ANY PICKUP EVER™

GREAT OFFERS ON A 2013 RAM HEAVY-DUTY

CANADA'S BEST-SELLING,± LONGEST-LASTING DIESEL PICKUP¥

BEST-IN-CLASS TOWING≤

30,000 LBS

TOWS 3 TONNES MORE THAN THE COMPETITION≤

NO CHARGE CUMMINS TURBO DIESEL ENGINE $9,345 VALUE

RAMTRUCKOFFERS.CA

GUTS · GLORY RAM

PROUD SPONSOR OF THE OTTAWA SENATORS®

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

Wise customers read the fine print: », *, †, Ω, § The Ram Truck offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after April 1, 2014. Offers subject to change and may be extended without notice. All pricing includes freight ($1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. »$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excludes Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/lessees of a Dodge or Ram pickup truck or any other manufacturer's pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before April 1, 2014. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your retailer for complete details. *Consumer Cash Discounts are deducted from the negotiated price before taxes. †4.29% purchase financing for up to 96 months available on the new 2014 Ram 1500 Quad Cab SXT 4x4 (23A+AGR) models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2014 Ram 1500 Quad Cab 4x4 SXT (25A+AGR) with a Purchase Price of $26,295, with a $0 down payment, financed at 4.29% for 96 months equals 208 bi-weekly payments of $150 with a cost of borrowing of $4,816 and a total obligation of $31,111.33. ΩFinance Pull-Ahead Bonus Cash and 1% Rate Reduction are available to eligible customers on the retail purchase/lease of select 2014 Chrysler, Jeep, Dodge, Ram or Fiat models at participating retailers from April 1 to 30, 2014 inclusive. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes. 1% Rate Reduction applies on approved credit to most qualifying subvented financing transactions through RBC, TD Auto Finance and Scotiabank. 1% Rate Reduction cannot be used to reduce the final interest rate below 0%. Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Fiat models with an eligible standard/subvented finance or lease contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See retailer for complete details and exclusions. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ≠Based on 2014 EnerGuide highway fuel consumption ratings. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. 2014 Ram 1500 4x2 model with 3.0L EcoDiesel V6 and 8-speed automatic – Hwy: 7.1 L/100 km (40 MPG) and City: 10.2 L/100 km (28 MPG). ••With as low as 7.1 L/100 km (40 MPG) highway. ±Best-selling based on IHS Automotive: Polk Canadian new vehicle registrations through October 2013 for large diesel pickups under 14,000 lbs GVW. ¥Longevity based on IHS Automotive: Polk Canadian Vehicles In Operation data as of July 1, 2013, for model years 1994-2013 for all large pickups sold and available in Canada over the last 20 years. ≤Based on 2500/F-250 and 3500/F-350 full-size pickups. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

See that symbol? It means you can scan the photo below with your Metro News app to learn more about some of the interior design features in the 2015 Chrysler 200

2015 Chrysler 200

- **Type.** Four-door, front-/ all-wheel-drive mid-size sedan.
- **Engines (hp).** 2.4-litre SOHC I4 (184); 3.6-litre DOHC V6 (295)
- **Transmission.** Nine-speed automatic
- **Base price (incl. destination).** $24,200

Market position

Chrysler is stepping up its game in the mid-size category with the kind of styling, content and power that will make most sedan shoppers forget all about the automaker's previous Sebring/200 efforts.

Points

- All-new look is right on the money and outclasses many of its competitors
- Base four-cylinder engine delivers impressive fuel economy and the V6 has a reputation for impressive power
- Rotary-dial shifter saves space and de-junks the console
- North American design and Italian structure makes for an interesting and competitive combo.

Safety

Front airbags; side-impact airbags; side-curtain airbags; front knee airbags; anti-lock brakes; traction control; stability control. L/100 km (city/hwy) 8.4/5.7 (2.4, est.)

Chrysler's high-fashion sedan

Review. With a 2.4-litre four-cylinder producing 184 horsepower, the Chrysler 200 has style and substance

MALCOLM GUNN
wheelbasemedia.com

PHOTOS: WHEELBASEMEDIA.COM

Like some supermodel sashaying down the runway, the Chrysler 200 made its much-anticipated entrance at the 2014 North American International Auto Show in Detroit, Mich., in January.

From any angle, the Chrysler 200 has a leading-edge contemporary look that's very easy on the eyes.

The interior is as attractive as the sheet metal, with easy-to-view primary gauges, plus-sized control knobs and optional 21-centimetre touch-screen display (a 10-centimetre screen is the base unit). But what really stands out is the absence of a floor shifter that has been replaced by a console-mounted knob, just like the one in Chrysler's Ram 1500 pickup.

An issue with the previous 200 was the old base four-cylinder engine that was shy on power and fuel efficiency. That has been rectified with a new 2.4-litre four-cylinder that produces 184 horsepower and 173 pound-feet of torque (up from the 173/166 rating of the previous 2.4). The engine connects to a nine-speed automatic transmission that should help the 200 achieve about 8.4 l/100 km in the city and 5.7 on the highway. The nine-speed is also mated to the optional 3.6-litre V6 that's a mainstay in other Chrysler products. This particular iteration makes 295 horsepower and 262 pound-feet.

Although a front-whee drive vehicle, the 200 can be had with all-wheel-drive, but only if the V6 is ordered.

In normal operating conditions, the rear axle is completely disconnected, which Chrysler claims reduces parasitic losses by up to 80 per cent when compared to other systems with their continuously rotating axle shafts. That helps fuel economy.

Compare

1 Ford Fusion
Base price: $24,200
Attractive sedan offers several engine choices, including two hybrids.

2 Nissan Altima
Base price: $25,300
Comfy seats and thrifty I4 make Altima an ideal long-distance traveller.

3 Volkswagen Passat
Base price: $25,400
U.S.-built sedan has I4 and V6 engines plus turbo-diesel.

Last day to save.
Vacation packages to a variety of destinations are on sale.*
Book today at westjetvacations.com/seat-sale or call your travel agent.
*Some restrictions apply.
WESTJET vacations

Ford celebrates half a century of Mustangs

The big 5-0. You can count on this sporty car to break up the monotony of SUVs in the Home Depot parking lot

AUTO PILOT
Mike Goetz
drive@metronews.ca

Hard to believe these Mustangs were randomly parked like this by their owners to form a "50" on the exact week the Mustang turns 50. Must have been good karma. SAMMY CHAN

It's a big week for Ford Mustang. The iconic sports coupe turns 50 years old and celebrations are planned far and wide.

Henry Ford II introduced the Mustang to the world on April 17, 1964, at the World's Fair in Flushing Meadows, New York, the same day it debuted in Ford showrooms across North America.

Over 22,000 Mustangs were sold that day, and over 400,000 during its first sales year, far exceeding expectations.

Ford will reprise that initial introduction this Thursday in Flushing Meadows, and will also stage a 2015 Mustang on the 86th floor observation deck of the Empire State Building.

There are big fan events planned as well, such as Mustang Club gatherings in Concord, North Carolina, and Las Vegas, where more than 5,000 Mustangs and approximately 100,000 tribe members are expected to turn out.

Ford of Canada organized a get-together last Saturday in Toronto, putting the word out via Ford Mustang forums. A great selection of Mustangs of every vintage showed up at the Ontario Place lot, and 28 of them were selected to park in a big "50" that was photographed from above with the help of a huge crane.

After talking to the Mustang owners and aficionados there on Saturday, and gawking at their lovely Mustangs, it was obvious that the demographic for Mustang ownership now is not what is was back then. Back in 1964, the car was designed and pitched as a fun and affordable sporty car for young people.

Now they are driven home mostly by middle-aged (and beyond) boomers who can afford to buy them and may even have them around as a second vehicle.

Don't blame the Mustang. It's still a great car and still desired by a surprising number of young people.

But now that it is so much cheaper to build front-drive cars, rear-drive performance "pony" cars like Mustang, Camaro and Challenger must compete for buyers with another level of disposable income than what young people are currently packing in the pockets of their skinny, low-cut jeans.

Quoted

"It is still a great car and still desired by a surprising number of young people."
Mike Goetz, columnist

Even thought the market demand for these vehicles has adjusted downward, the automakers are still happy to have them in the portfolio. They create lots of attention and make the brand look cool. They are a great chapter in the story of American automobiles.

And they break up the monotony in a Home Depot parking lot, full of sedans and SUVs that look increasingly alike, no matter who builds them or what continent they originated from …

And that's worth celebrating, at Mustang's 50th, and at its anniversaries to come. in the years ahead

NEW!
SPRING BONUS: ELIGIBLE OWNERS RECEIVE∞ AN ADDITIONAL $750
CHEVROLET FUELED UP
NOW YOU SAVE EVEN MORE ON GAS.
OUR MOST FUEL EFFICIENT LINEUP EVER†
PLUS A GAS CARD.
0% FINANCING FOR 84 MONTHS/LEASING FOR 60 MONTHS ON SELECT MODELS‡‡/▼
40¢ OFF/LITRE GAS CARD ON ALL MODELS¥
2014 CRUZE LT AIR & AUTO
$99 @ 0%
LEASE BI-WEEKLY FOR 48 MONTHS.▼ $995 DOWN PAYMENT. $0 SECURITY DEPOSIT. INCLUDES FREIGHT, PDI & LEVIES.
40¢ OFF/LITRE GAS CARD
• 6-SPEED AUTOMATIC TRANSMISSION
• AIR CONDITIONING
• BLUETOOTH®
• TURBOCHARGED ECOTEC® ENGINE
• CRUISE CONTROL
• ONSTAR® NAVIGATION
• POWER WINDOWS, LOCKS & REMOTE KEYLESS ENTRY
• BEST-IN-CLASS SAFETY+ WITH 10 AIRBAGS
PREMIUM FEATURES WITHOUT THE PREMIUM PRICE
CRUZE LTZ SHOWN††
ALL CHEVROLETS INCLUDE CHEVROLET COMPLETE CARE
COMPLIMENTARY OIL CHANGES 2 YR/40,000 KM**
NEW VEHICLE LIMITED WARRANTY 3 YR/60,000 KM▲
POWERTRAIN WARRANTY 5 YR/160,000 KM▲
ROADSIDE ASSISTANCE 5 YR/160,000 KM▲
ONSTAR® STANDARD 6 MONTHS
TO GUARANTEE OUR QUALITY, WE BACK IT 160,000-KM/5-YEAR POWERTRAIN WARRANTY▲
▲Whichever comes first. See dealer for limited warranty details.
VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***
ONTARIOCHEVROLETDEALERS.COM

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ▼Based on a 60/48 month lease for 2014 Chevrolet (Cruze LS 1SA/Cruze LT Turbo 1SA+MH8). Annual kilometre limit of 20,000 km. $0.16 per excess kilometre. OAC by GM Financial. Monthly/Bi-Weekly payments may vary depending on down payment/trade. A down payment or trade of $0/$995 and/or $0 security deposit is required. Total obligation is $11,206/$11,324. Option to purchase at lease end is $6,510/$9,511. Excess wear and tear and km charges not included. Other lease options available. ▼/***Freight & PDI ($1,600/$1,600), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2014 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ®Bluetooth is a registered trademark of Bluetooth SIG Inc. ®Visit onstar.ca for coverage map, details and system limitations. Services vary by model and conditions. +Based on WardsAuto.com 2012 Upper Small segment, excluding Hybrid and Diesel powertrains. Standard 10 airbags, ABS, traction control and StabiliTrak®. ††2014 Cruze LTZ, MSRP with freight, PDI & levies $28,489. Dealers are free to set individual prices. †Based on GM testing in accordance to Government of Canada test methods. ‡‡Offers valid for delivery dates between March 1st and April 30th, 2014; participating lenders are subject to change. 0% purchase financing offered on approved credit by TD Auto Finance Services, Scotiabank or RBC Royal Bank for up to 84 months on an eligible new or demonstrator 2014 Chevrolet Cruze, Sonic, Camaro (excludes Z28), Silverado HD 2500/3500, Tahoe and Suburban. Terms vary by model. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: 2014 Chevrolet Cruze LS MSRP including freight, PDI & levies is $17,639 at 0% APR, the monthly payment is $209.99 for 84 months. Cost of borrowing is $0. Total obligation is $17,639, plus applicable taxes. Offer is unconditionally interest-free. License, insurance, registration, PPSA, applicable taxes and dealer fees not included. Dealers are free to set individual prices. Offers apply to qualified retail customers only. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ¥Retail and basic fleet customers who purchase or lease an eligible Chevrolet, Buick or GMC delivered from dealer stock between March 1, 2014 and April 30, 2014 will receive one 40¢ savings per litre fuel card (fuel savings card) upon payment of an additional $.01. Cards valid as of 72 hours after delivery. Fuel savings card valid for 800 litres of fuel purchased from participating Petro-Canada retail locations (and other approved North Atlantic Petroleum locations in Newfoundland) and not redeemable for cash except where required by law. GM is not responsible for cards that are lost, stolen or damaged. GM reserves the right to amend or terminate this offer and/or the program for any reason in whole or in part at any time without notice. Petro-Canada is a Suncor Energy business™ Trademark of Suncor Energy Inc. Used under licence. Cards are property of Suncor Energy. To protect your card balance, register online at www.petro-canada.ca/preferred today. **The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick, or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 kms, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. ∞Offer valid from April 1, 2014 to April 30, 2014 (the "Program Period") to retail customers resident in Canada who own or are currently leasing a 1999 or newer eligible vehicle that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive a $750 Spring Bonus credit towards the lease, purchase or finance of an eligible new 2013/2014 Chevrolet, Buick, GMC model; or a $1,000 Spring Bonus credit towards the purchase, lease or finance of any 2013/2014 Cadillac model delivered during the Program Period. Retail customers resident in Canada who own or are currently leasing a 1999 or newer eligible pickup truck that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive a $1,000 Spring Bonus credit towards the lease or finance of an eligible 2013/2014 Chevrolet Silverado, Avalanche, GMC Sierra; or a $2,000 Spring Bonus credit towards the cash purchase of an eligible 2013/2014 Chevrolet Silverado, Avalanche, GMC Sierra. Retail customers resident in Canada who own or are currently leasing a 1999 or newer eligible Pontiac, Saturn, Saab, Oldsmobile, Cobalt and HHR that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive $1,500 Spring Bonus credit towards the lease, purchase or finance of an eligible new 2013/2014 Chevrolet, Buick, GMC model; or a $2,000 Spring Bonus credit towards the lease, purchase or finance of an eligible 2013/2014 Cadillac model delivered during the Program Period. Only one (1) credit may be applied per eligible vehicle sale. Offer is transferable to a family member living in the same household (proof of address required). This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The $750/$1,000/$1,500/$2,000 credit includes HST/GST/QST/PST as applicable by province. As part of the transaction, dealer will request current vehicle registration and/or insurance to prove ownership for the previous consecutive six months. GMCL reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See your GM dealer for details.

DRIVE SMART SAVE SMART

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES

UP TO $1,100 VALUE

WITH THE PURCHASE OR LEASE OF MOST NEW 2014 CARS, CUVs AND SUVs
MAXIMUM LITRE LIMIT VARIES BY MODEL (UP TO 1,000L ON FOCUS AND $550 IN VALUE)

+

AS LOW AS 0% APR† PURCHASE FINANCING

ON SELECT NEW FUEL-EFFICIENT 2014 MODELS

&

ENDS APRIL 30, 2014

$750□ LOYALTY & CONQUEST CUSTOMER CASH
For qualified customers towards select Ford CARs/SUVs/CUVs

THE WORLD'S BEST-SELLING± CAR NAMEPLATE

Titanium model shown

2014 FOCUS

WITH AVAILABLE ECOBOOST

PURCHASE FINANCE THE 2014 FOCUS S FOR ONLY
$85 @ 0.99%** APR
Bi-weekly for 84 months with $0 down. Offer includes $2,500 in manufacturer rebates. Offers exclude taxes.

DOWN	BI-WEEKLY
$0	$85**
$750	$81**
$1,500	$77**

OR PURCHASE FOR
$14,948*

2014 IIHS TOP SAFETY PICK

5.5L/100km 51MPG HWY^^
7.8L/100km 36MPG CITY^^

Fiesta ST model shown

2014 FIESTA S HATCH

PURCHASE FINANCE FOR
$75 @ 0.99%** APR
Bi-weekly for 84 months with $0 down.

DOWN	BI-WEEKLY
$0	$75**
$750	$71**
$1,500	$67**

2014 FIESTA BEST-IN-CLASS HIGHWAY FUEL CONSUMPTION FOR 1.0L ‡ ECOBOOST ‡

OR OWN FOR ONLY
$13,198*
Offer includes $2,500 in manufacturer rebates. Offers exclude taxes.

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES
$550 VALUE

5.1L/100km 55MPG HWY^^
6.9L/100km 41MPG CITY^^

2014 FUSION S

PURCHASE FINANCE FOR ONLY
$139 @ 2.99%** APR
Bi-weekly for 84 months with $0 down.

DOWN	BI-WEEKLY
$0	$139**
$750	$135**
$1,500	$130**

2014 IIHS TOP SAFETY PICK+
APPLIES ONLY TO OPTIONAL FRONT CRASH PREVENTION MODELS

OR OWN FOR ONLY
$22,818*
Offers include $500 in manufacturer rebates. Offers exclude taxes.

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES
$825 VALUE

5.8L/100km 49MPG HWY^^
9.2L/100km 31MPG CITY^^

2014 ESCAPE S FWD

PURCHASE FINANCE FOR ONLY
$149 @ 2.49%** APR
Bi-weekly for 84 months with $0 down.

DOWN	BI-WEEKLY
$0	$149**
$750	$145**
$1,500	$140**

CANADA'S BEST SELLING SUV^

OR OWN FOR ONLY
$24,888*
Offers include $1,000 in manufacturer rebates. Offers exclude taxes.

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES
$825 VALUE

6.7L/100km 42MPG HWY^^
9.5L/100km 30MPG CITY^^

Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased).
Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

Enjoy the peace of mind of having your price locked in at the pump for up to 2,000 litres. Visit your Metro Ford Dealers of Ottawa today.

Ford
Go Further
| ontarioford.ca |

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details; or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GBP, or Daily Rental incentives, the Commercial Light Program or the Commercial Fleet Incentive Program (CFP). †Until April 30, 2014. Purchase a new 2014 Fiesta S/ Fiesta ST/ Focus S/ Focus Titanium/ Fusion S/ Escape S FWD) for ($13,198/$24,998/$14,948/$26,664/$24,158/$25,198) [after Total Manufacturer Rebate of ($2,500/$0/$2,500/$0/$0/$500) deducted]. Taxes payable on full amount of purchase price after total manufacturer rebate has been deducted. Offers include freight and air tax but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. †Until April 30th 2014, receive 0.99% APR purchase financing on new 2014 [Fiesta S Hatch/ Focus S Sedan/ Fusion S/ Escape S] models for up to 84 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0.99%/0.99%/2.99%/2.49% APR for 84/60/72 months, monthly payment is $263/$415/$370/$370. Same 2014 Fiesta S Hatch/ Focus S/ Fusions S/ Escape S FWD example scenario with $750 down: monthly payment is $257/$406/$362/$362. Same 2014 Fiesta S Hatch/ Focus S/ Fusions S/ Escape S FWD example scenario with $1,500 down: monthly payment is $251/$397/$354/$354. Down payment may be required based on approved credit from Ford Credit. All purchase finance payments $145/$166/$282/$304 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $67/$77/ $130/$140), interest cost of borrowing is $417/$479/$521/$1,127 or APR of 0.99%/0.99%/2.99%/2.49% and total to be repaid is $12,194/$14,014/$23,660/$25,480. Down payment may be required based on approved credit from Ford Credit. All purchase finance offers include freight and air tax and PPSA but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. ^^Estimated fuel consumption ratings for the 2014 Fiesta 1.6L – I4 5-Speed Manual, 2014 Fusion FWD 2.5L 6-Speed SST, 2014 Escape 2.0L GTDI I4 6-Speed Automatic. Models shown: 2014 Fiesta ST 1.6L GTDI I4 6-Speed Manual: 7.6 L/100KM City and 5.6 L/100KM Hwy. Fuel consumption ratings based on Transport Canada-approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ‡Based on Natural Resources Canada city and highway ratings for Ford models, 1995 through 2014. Actual results may vary. ^Offer only available at participating Ford dealers with the purchase or lease of a new 2014 Fiesta, Focus, CMAX Hybrid, Fusion Hybrid (up to 1,000 litres); Fusion, Mustang, Taurus, Escape (up to 1,500 litres); and Flex, Explorer, Edge, Expedition (up to 2,000 litres) – all diesel models are excluded. $0.95 price lock ("Price Lock") amount may only be redeemed for regular grade fuel at participating Esso gas stations and applies when regular grade fuel is priced between $1.15 and $1.50 per litre at the participating Esso gas station where the redemption takes place. Where regular grade fuel is priced above $1.50 per litre, customer will receive a $0.35 per litre discount off of the regular grade fuel price, and where regular grade fuel is priced below $1.15, customer will receive a $0.20 discount off of the regular grade fuel price. See dealer for details. *Offer valid until April 1, 2014 (the "Incentive Period") to Canadian resident customers who currently (during the Program Period) own or are leasing certain Ford car, Sport Utility Vehicle (SUV), Cross-Over Utility Vehicle (CUV) or Minivan models (each a "Qualifying Loyalty Model"), or certain competitive car, Sport Utility Vehicle (SUV), Cross-Over Utility Vehicle (CUV) or Minivan models (each a "Qualifying Conquest Model") and purchase, lease, or factory order (during the Program Period) a new qualifying 2013/2014 Ford Taurus, Fusion, Escape, Flex, Edge or 2014 Explorer, Mustang V6 & GT (excluding GT 500), or Expedition (each an "Eligible Vehicle"). Some eligibility restrictions apply on Qualifying Loyalty and Conquest Models and Eligible Vehicles – see dealer for full offer criteria. Qualifying customers will receive CAD$750 (the "Incentive") towards the purchase or lease of the Eligible Vehicle, which must be delivered and/or factory-ordered from your participating Ford dealer during the Program Period. Limit one (1) Incentive per Eligible Vehicle sale, up to a maximum of two (2) separate Eligible Vehicle sales, per Qualifying Conquest/Loyalty Model. Each customer will be required to provide proof of ownership/registration and insurance of the applicable Qualifying Conquest/Loyalty Model (in Canada) for the previous 3 months and the ownership/registration address must match the address on the Retail Buyer's Agreement or Lease Agreement for the Eligible Vehicle sale. Taxes payable before incentive is calculated. ©2014 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under license. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.

Run-flat tires have only recently become available for mainstream cars. COURTESY BRIDGESTONE

With these tires, you'll never be stranded again

Run-flat tires.
Newly available technology lets drivers coast right to the shop after their tires have been damaged

JIL MCINTOSH
Drive@metronews.ca

Drive over a nail with your tires, and there's a good chance you'll get a flat. But not all tires will leave you stranded. If you have a run-flat tire, you can still drive home, or to a shop that can fix it for you.

Up until now, run-flat tires have only been available for performance cars that left the factory with them. Bridgestone now offers a new line of run-flats, called DriveGuard, that can be put on mainstream cars that originally came with conventional tires, such as the Honda Civic or Toyota Camry.

"The side of the road is not a fun place to be," says Robert Saul, product manager of consumer tire sales for Bridgestone Americas. "We're delivering new technology to a much bigger audience than we have in the past, with a tire that's capable of surviving punctures and air loss."

Run-flat tires have a special reinforced sidewall that's capable of holding the vehicle's weight even when they have no air in them.

They were introduced in the 1980s on close-coupled sports cars that didn't have enough room for a spare tire. However, their thicker, lower-profile sidewall usually creates a very harsh ride.

Bridgestone's new technology includes a special sidewall insert that lets engineers create a thinner, taller sidewall than on a regular run-flat. It can still hold up the vehicle if the tire loses air, but the ride is as smooth as with a conventional tire.

Bridgestone says you can safely drive on a completely flat DriveGuard tire at 80 km/h for 80 kilometres, and potentially much farther depending on road conditions and how fast you drive. The vehicle may pull slightly to one side, and the tire will make a rumbling sound, especially on turns, but you will be able to stay in control.

Once you get to a shop, the tire will have to be removed from the rim and the interior examined to see if it can be repaired.

All run-flat tires, including DriveGuard, can only be used on a car that has a tire pressure monitoring system, since the tires don't necessarily look any different when they're low on air.

"You can be on a tire that's under-inflated and not know it," Saul says. "We need the system to warn you that the tire pressure has dropped to a point where you need to take action, because you might not know, otherwise."

DriveGuard tires

"We're delivering new technology to a bigger audience than we have in the past, with a tire that's capable of surviving punctures and air loss."

Robert Saul, product manager of consumer tire sales for Bridgestone Americas

Facts and tips

On any tire, the air inside is what's actually holding up your vehicle. Run-flat tires can also use their sidewalls to bear the weight if necessary.

- **You should check your tire pressure once a month.** Tires that are low on air can compromise safety, and they also use more fuel.
- Some cars include a sealant and pump kit, instead of a spare tire, to save space.

Autobahn for All
Sales Event

Save an additional $1,000 until April 30

on our most popular models, including the **TDI Clean Diesel.****

2014 Jetta • Class-leading trunk space†
Own it from **$84** bi-weekly for 84 months* **2.9% APR**
$1,764 down payment
PLUS AN ADDITIONAL DISCOUNT: **$1,000** Autobahn Cash**

2014 Tiguan • 1.6m³ of cargo space††
Own it from **$139** bi-weekly for 84 months* **2.9% APR**
$3,230 down payment
PLUS AN ADDITIONAL DISCOUNT: **$1,000** Autobahn Cash**

Prices as well engineered as our cars.

Das Auto.

1-800 DRIVE VW vw.ca

*Limited time finance purchase offer available through Volkswagen Finance, on approved credit. Base MSRP of $16,385/$26,600 for a new and unregistered 2014 Jetta 2.0L / Tiguan 2.0T base model with 5/6-speed manual transmission, including $1,395/$1,610 freight and PDI, financed at 2.9% APR for 84 months equals 182 bi-weekly payments of $84/$139. $1,764/$3,230 down payment. Cost of borrowing is $1,467/$2,428 for a total obligation of $17,052/$28,528. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **$1,000 available on cash purchase, finance or lease (through Volkswagen Finance, on approved credit) of a new and unregistered 2014 Jetta 2.0L / Tiguan 2.0T base model, and certain TDI Clean Diesel models. Discount varies by model. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end April 30, 2014 and are subject to change or cancellation without notice. †Based on a comparison of other 2013 and 2014 models available at the time of publication, in the compact sedan class. ††Based on calculation with the rear seats folded. Models shown: 2014 Jetta 1.8 TSI Highline, $24,490 / Tiguan 2.0T Highline R-Line, $40,190. Vehicle may not be exactly as shown. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Jetta", "Tiguan" and "Autobahn for All" are registered trademarks of Volkswagen AG. © 2014 Volkswagen Canada.

NISSAN
Innovation that excites

MY NISSAN

GET OUT & DRIVE SALES EVENT

NISSAN SPRING BONUS DAYS

LIMITED TIME OFFER ▪ APRIL 10TH - 16TH ONLY

GET AN

ADDITIONAL $1,000*

ON TOP OF CURRENT OFFERS

ON SELECT MODELS. FOR QUALIFYING CUSTOMERS†

2014 NISSAN **PATHFINDER**

2014 NISSAN **JUKE®**

2014 NISSAN **SENTRA**

2014 NISSAN **ALTIMA**

2014 NISSAN **VERSA NOTE**

2014 NISSAN **FRONTIER**

FIND YOURS AT **CHOOSENISSAN.CA** OR YOUR LOCAL RETAILER

*$1,000 Bonus Cash applicable to customers who purchase, lease or finance any new 2013 Juke®/2014 Versa Sedan/Versa Note/Sentra/Altima Sedan/Juke®/Pathfinder/Frontier models on approved credit through Nissan Finance on units in stock. The $1,000 additional Cash Bonus consists of $750 NF cash and $250 Dealer Participation and will be deducted from the negotiated selling price before taxes. Offer available for qualified customers only. Offer available from April 10 - 16, 2014 inclusively. Conditions apply. †Qualifying customers must be approved to lease or finance through Nissan Finance. Some conditions apply. See your retailer for complete details. Offers valid between April 10 - 16, 2014. ^Based on 2014 Canadian Residual Value Award in Subcompact car segment. alg is the industry benchmark for residual values and depreciation data, www.alg.com. Offers subject to change, continuation or cancellation without notice. Offers have no cash alternative value. See your participating Nissan retailer for complete details. ©1998-2014 Nissan Canada Inc. and Nissan Financial Services Inc. a division of Nissan Canada Inc.

Parts department

WHEELBASE MEDIA

Magic in the tank

Running out of gas is bad. That's why it's a good idea to keep a container of Magic Tank on hand. The product's non-flammable (butane-free) composition is billed as safe to store anywhere inside your vehicle, yet its 91-octane rating makes it ideal for any gasoline engine, including cars, motorcycles, boats, snowmobiles, ATVs, lawn mowers and other power equipment. An almost-two-litre container of Magic Tank will allow you to travel roughly 30 to 40 kilometres, depending on the vehicle of course, which hopefully is enough to get you to the nearest gas station. Purchase Magic Tank from a number of retail/online outlets or order for $20 US plus shipping from mymagictank.com.

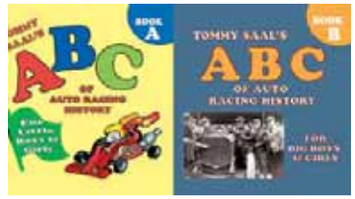
Straight-line movie

There hasn't been a really good drag-racing movie since Heart Like a Wheel, which was about the life of driver Shirley Muldowney. Now, Snake & Mongoose, the story of two equally famous drivers from the late 1950s-'70s, Don (the Snake) Prudhomme and Tom (Mongoose) McEwen, is out on DVD. The real-life plotline sees both drivers hook up with toymaker Mattel in the early 1970s as the duo's major sponsor. Mattel uses both drivers and their cars to promote the Hot Wheels toy car collection. Rather than recreate the drag races that McEwen and Prudhomme competed in, director Wayne Holloway uses actual archival footage mixed in with recreations of race cars for close-up shots. Snake & Mongoose sells for $15 US in Blu-ray or $10 in regular format from amazon.com and other retail outlets.

Suck it up!

Instead of hauling your home vacuum cleaner to your garage, or depending on some weak hand-held unit that barely stays charged for more than a few minutes, why not equip your workspace with a Garage Vac? All you do is hang it on any wall, plug it in and take advantage of its five-horsepower electric motor, 15-metre stretch hose and full range of tools for cleaning up large floor areas (such as car floors and trunks) and tight spots around the dashboard and floor console. The entire unit weighs nine pounds. The Garage Vac is available in red, white and black and sells for $250 US. Check it out and order at garagevac.com.

Racing for youngsters



Books about cars and racing appeal to kids of all ages, but here's one that will find interest from both the younger set as well as preteen audiences old enough to read. ABC of Auto Racing History, by Tommy Saal (Racemaker Press), covers the basics in cartoon-style on one side, such as B is for Bonneville, L is for Le Mans, I is for Indianapolis, S is for Sebring, etc. But flip it over and the information is delivered in a more adult style of writing, but still avoids getting bogged down in minutiae and obscure terms that could turn off older youth. ABC of Auto Racing History can be ordered for $25 US from racemaker.com.

YOU COULD WIN A SAMSUNG HOME THEATER SYSTEM

metro AR

Find the Club Metro **easter egg** and scan for today's code to enter!

VISIT clubmetro.com TO ENTER

DOWNLOAD METRO APP

FILL SCREEN WITH IMAGE TO SCAN

SCAN EGG FOR CODE

No purchase necessary. Contest open to residents of Canada, excluding Quebec, who have reached 18 years of age or older. To enter, for complete contest rules, and alternate method of entry visit **www.clubmetro.com**

MAZDA'S GET IT IN GEAR SALES EVENT

0% PURCHASE FINANCING† ON SELECT 2014 MODELS + NO PAYMENTS FOR 90 DAYS♦

2014 MAZDA6 CANADIAN CAR OF THE YEAR AWARD
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

2014 CX-5 GT | 2014 MAZDA3 GT | 2014 MAZDA6 GT

2014 MAZDA3 GX

BI-WEEKLY LEASE OFFER **$88‡** at **2.49%** APR

ONLY for **48** months / **$0** down. Excludes HST.

2014 CX-5 GX

BI-WEEKLY LEASE OFFER **$129‡** at **2.49%** APR

for 60 months / $1,495 down. Excludes HST.

2014 MAZDA6 GX

BI-WEEKLY LEASE OFFER **$119‡** at **2.19%** APR

for 60 months / $1,395 down. Excludes HST.

auto123.com
2014 MAZDA CX-5
COMPACT UTILITY OF THE YEAR

AJAC www.ajac.ca
2014 MAZDA3
BEST NEW SMALL CAR (UNDER $21,000)
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

2014 alg RESIDUAL VALUE AWARD*
2014 MAZDA3

AJAC www.ajac.ca
2014 MAZDA3 SPORT
BEST NEW SMALL CAR (OVER $21,000)
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

CANADIAN AUTOMOTIVE JURY Seal of approval 2014 Approuvé JURY AUTOMOBILE CANADIEN
BEST OF THE BEST • GRAND PRIX
2014 MAZDA3

VISIT MAZDA.CA FOR DETAILS.

zoom-zoom

mazda

*2014 Mazda3 has a higher residual value than any other vehicle in the compact car segment according to ALG. ALG is the industry benchmark for residual values and depreciation data, www.alg.com. †0% APR Purchase Financing is available on select new 2014 Mazda models. Terms vary by model. Based on a representative agreement using an offered pricing of $25,140 for the new 2014 CX-5 GX (NVXK64BA00) with a financed amount of $25,000, the cost of borrowing for a 48-month term is $0, monthly payment is $520.83, total finance obligation is $25,000. ♦No Payments for 90 Days (payment deferral) offer is available on all new in-stock 2014 Mazda models and only applies to purchase finance offers on approved credit. No interest will accrue during the first 60 days of the finance contract. After this period interest will begin to accrue and the purchaser will repay the principal and interest monthly over the term of the contract. Offer period April 1st – 30th, 2014. ‡Offer available on retail leases of all-new 2014 Mazda3 GX (D4XK64AA00)/2014 Mazda6 GX (G4XL64AA00)/2014 CX-5 GX (NVXK64BA00) with a lease APR of 2.49%/2.19%/2.49% and bi-weekly payments of $88/$119/$129 for 48/60/60 months, the total lease obligation is $9,203/$16,929/$18,329, including down payment of $0/$1,395/$1,495. As shown, Offered Pricing for all-new 2014 Mazda3 GT (D4TL84AA00)/2014 Mazda6 GT (G4TL64AA00)/2014 CX-5 GT (NXTL84BA00) with a lease APR of 2.49%/2.19%/2.49% and bi-weekly payments of $161/$166/$185 for 48/60/60 months, the total lease obligation is $16,744/$23,034/$25,506, including down payment of $0/$1,395/$1,495. Lease payments include freight and P.D.E. of $1,695/$1,695/$1,895. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies. Offers exclude HST. Offered leasing available to retail customers only. Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid April 1st – 30th, 2014, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

SUBARU
Confidence in Motion

5-DAY SPRING FORECAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
-16°	20°	-4°	37°	-9°
CLOUDY	SUNNY	SERIOUSLY?	YOU'RE JOKING, RIGHT?	GOOD LUCK...
± -30	± 19	± -17	± 20	± -17
∓ -11	∓ 32	∓ -1	∓ 42	∓ 40
7:03 am	7:06 am	7:09 am	7:12 am	7:15 am
9:34 pm	9:37 pm	9:39 pm	9:40 pm	10:00 pm
55%	2%	100%	0%	??%
9	9	9	16	39

THE FORECAST CALLS FOR SUBARU

2014 IMPREZA 2.0i

WELL EQUIPPED FROM
$21,923*

$198 LEASE PAYMENT FOR **39 MONTHS***
$2,641 DOWN* | 0.9% LEASE RATE*

2014 IIHS TOP SAFETY PICK▲

2014 OUTBACK 2.5i

WELL EQUIPPED FROM
$30,478*

$315 LEASE PAYMENT FOR **48 MONTHS***
$3,430 DOWN* | 0.9% LEASE RATE*

2014 IIHS TOP SAFETY PICK+▲

SUBARU OUTAOUAIS • 890 St-Joseph Blvd., Hull • Tel: (819) 777-4341 • **subaruoutaouais.com** • We are looking for used Subaru's

▲Ratings are awarded by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To qualify for 2014 TOP SAFETY PICK, a vehicle must earn good ratings in the moderate overlap front, side, roof strength and head restraint tests, plus a good or acceptable rating in the small overlap front test. To qualify for 2014 TOP SAFETY PICK+, a vehicle must earn good ratings in the moderate overlap front, side, roof strength and head restraint tests; a good or acceptable rating in the small overlap front test; and a basic, advanced or superior rating for front crash prevention. *MSRP of $19,995/$28,495 on 2014 Impreza 2.0i 4-door (EF1 BP)/2014 Outback 2.5i Convenience Package (ED1 CP). Lease rate of 0.9% for 39/48 months. Monthly payment is $198/$315 with $2,641/$3,430 down payment. Option to purchase at end of lease is $12,015/$12,638 with $3,209/$4,232 due on signing. Advertised pricing consists of MSRP plus charges for Freight/PDI ($1,595 on 2014 Impreza; $1,650 on 2014 Outback), Air Tax ($100), Tire Stewardship Levy ($29.20), OMVIC Fee ($5), Dealer Admin ($199). Freight/PDI charge includes a full tank of gas. Taxes, license, registration and insurance are extra. $0 security deposit. Models shown: 2014 Impreza 2.0i Sport Package (EF1 SP) with an MSRP of $23,895. 2014 Outback 3.6R Limited Package (ED2 LN6) with an MSRP of $38,495. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 20,000 km per year, with excess charged at $0.10/km. Leasing and financing programs available through Subaru Financial Services by TCCI. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until April 30, 2014. See Subaru Outaouais for complete program details.

SPRING IS HERE!

Our service Department is ready to change out your tires. Beat the rush and book your appointment today!

SUBARU QUALITY DRIVEN PARTS & SERVICE

SUBARU OUTAOUAIS

890 St-Joseph Blvd., Hull • (819) 777-4341
subaruoutaouais.com
We are looking for used Subaru's

Horoscopes

♈ Aries
March 21 - April 20
There is no point trying to get partners and colleagues' approval for what you are planning while the effects of yesterday's eclipse still linger. Either push ahead on your own or wait until they are in a more receptive frame of mind.

♉ Taurus
April 21 - May 21
Refuse to get uptight about the little things that go wrong. At home and work it will seem as if people are deliberately letting you down but the truth is everyone is a bit confused, so make allowances.

♊ Gemini
May 22 - June 21
The only way you're going to move forward with a project is if you get backing from people who can help you overcome the obstacles you are going to face. Give it another day or two to say, "yes".

♋ Cancer
June 22 - July 23
It isn't worth wasting time and energy fighting about something that means nothing to you. Later on in the month you will get the chance to do battle for a worthwhile cause.

♌ Leo
July 24 - Aug. 23
You may have to defend what you believe in today, and you should do so with every weapon at your disposal. Don't ever forget that you are as entitled to your viewpoints.

♍ Virgo
Aug. 24 - Sept. 23
It isn't time for making money-related decisions. If you give yesterday's eclipse a few days to wane, you may find that what you thought was a good deal wasn't.

♎ Libra
Sept. 24 - Oct. 23
Partners and colleagues have the upper hand right now. There are powers that cannot be beaten by charm or force of personality, of which you have plenty. Just stay calm.

♏ Scorpio
Oct. 24 - Nov. 22
No matter how eager you are to begin something you have every reason to believe will bring you fame and fortune, it might be best to wait. The Sun's change of signs on the weekend could lead to a change in your priorities.

♐ Sagittarius
Nov. 23 - Dec. 21
You can and will succeed a lot quicker if you get help from people who share your ambitions. Teamwork is the way to move forward and that, of course, means compromise.

♑ Capricorn
Dec. 22 - Jan. 20
You may have to own up to a transgression today but the moment you do, you will feel a lot better for it. You have been carrying a lot of burdens lately, not least the burden of a guilty conscience. Get past it.

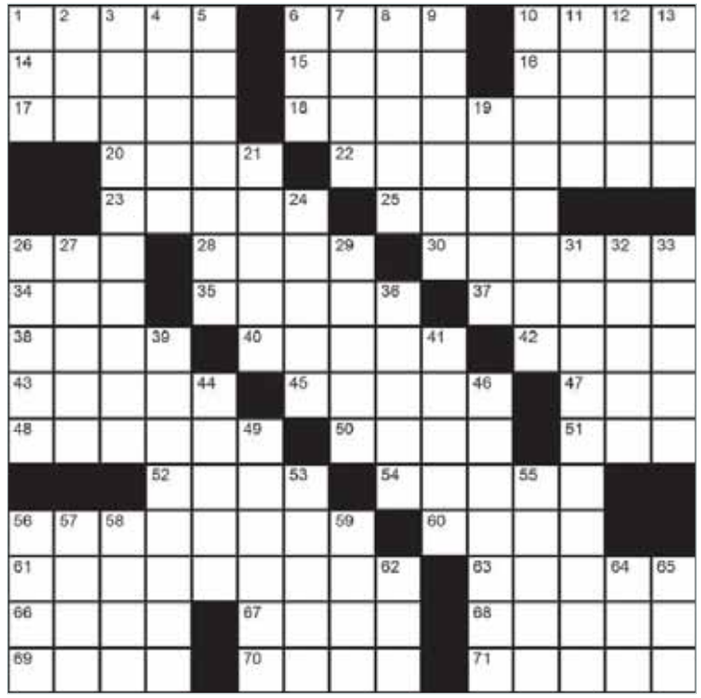
♒ Aquarius
Jan. 21 - Feb. 19
If you feel the need to go out and have a good time then do so and don't feel guilty about it. Put your troubles behind you and do whatever makes you feel glad to be alive.

♓ Pisces
Feb. 20 - March 20
You seem to reckless lately and if yesterday's eclipse somehow failed to remind you that's not a good thing to be then today's Mars-Mercury link most certainly will. Don't ignore warnings. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



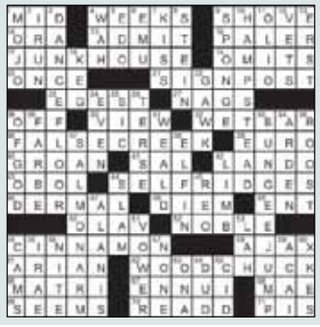
Across

1. 'Herbie' of movies, e.g., _ _ __
6. Mr. Lugosi
10. Objective
14. "That's _ __ __!" (Remark to the naughty)
15. Eddie's "Beverly Hills Cop" (1984) role
16. Medical condition suffix
17. It takes __ __ tango
18. Yellow blooms of Spring
20. Pickle
22. Leonard Cohen's "So Long, __"
23. People of Eng.
25. Puppy's protest!
26. 1996 Snoop Dogg album: '__ Dog-gfather'
28. Apiece
30. 1994 Green Day album
34. Low-__ (Fuzzy, as images)
35. Journalist's coup
37. Salt-_-__
38. Hill-making creatures
40. Harold's pal (played by Kal Penn) in movies
42. Gibraltar, et al.
43. Previous
45. Freshen
47. Tit-for-__
48. Ontario: Community in Prince Edward County
50. Slangy sure
51. Fleur-de-__ [var. sp.]
52. Riot
54. Extra tire
56. "__ Highway" by Gordon Lightfoot
60. __ one's toe
61. Sops up again
63. Like a cloudless day
66. Military force
67. Odd, to a Scot
68. Lionel Richie song
69. Supermodel Kate
70. Feline's utterance
71. "Over the Rainbow" co-composer, Harold __

Down

1. Cistern
2. Compass pt.
3. Dream Warriors hit: "My Definition of a __ Jazz Style"
4. Beneath: German
5. J.Lo gets them after moving "American Idol" performances
6. Not good
7. Crammed for thing
8. Arthurian legend sorceress, Morgan __ __
9. The Dark Knight's trusted aid
10. Colas: 2 wds.
11. Pet Shop Boys hit: "It's _ __"
12. Ceramics oven
13. Feminine suffix
19. Pour __ __ troubled waters
21. Heap
24. Do heavy duty Spring cleaning
26. __ Family Singers
27. Montreal-born politician Mr. Bourassa (b.1868 - d.1952)
29. Comfortable
31. Cute-looking gym weight
32. "_ __ everyday that..." ('Holy'-sounding wish)
33. Map's to-the-right directions
36. Window parts
39. World famous auctioneer
41. Collects, as grains
44. 'Sunny' car areas
46. Chilliwack hit: "__ Gonna Do (When I'm Gone)"
49. 'We're Full' meaning at an inn: 2 wds.
53. __-Neuve-et-Labrador
55. Throne occupant
56. Prepare for the test hurriedly
57. Bubbly bar
58. Slams
59. River of Spain
62. Visited
64. Alcoholic beverage
65. J.K. Rowling character

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3	5					8	
9					7		4	
7			3		9	1		
	4			3		5		2
8		7		5			3	
		4	1		6			9
	6		4					1
	2					3	6	

Yesterday's Sudoku

3	8	6	2	5	7	9	4	1
2	4	9	1	8	3	7	5	6
7	5	1	4	9	6	3	2	8
5	2	3	7	6	1	4	8	9
6	7	8	9	3	4	2	1	5
1	9	4	5	2	8	6	7	3
4	6	5	8	7	9	1	3	2
9	1	2	3	4	5	8	6	7
8	3	7	6	1	2	5	9	4

Today
1°/-3°
Sunny

Thursday
9°/1°
Variable

Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2014

PUT THE SMART BACK IN YOUR PHONE...
Download the FREE Metro app today!

metro

Comfort & safety you expect with style & technology you'll love.

With features like best-in-class interior space,* a standard backup camera, premium interior styling, along with standard Bluetooth® and steering wheel audio controls, the 2014 Corolla LE is as practical as it is impressive.

Corolla LE shown.

COROLLA

Like you've never seen it before.

TOYOTA

toyota.ca

*Based on AUTODATA industry data as of February 2014 comparing sedans in the IHS Automotive: Polk non-luxury compact car segment.